



Community Resource Manual

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EMERGENCY PLANS

MENTAL HEALTH EMERGENCIES

What if a client says they want to commit SUICIDE?

Ask, do you have a plan? Can I have the phone number of a friend or relative?
If a member is suicidal and has an active plan to hurt themselves or someone else,
call 911 immediately.

MENTAL HEALTH CRISIS

If a member is **suicidal without an active plan** or is experiencing a mental health crisis, they may contact the following:

SAMHSA Suicide and Crisis Lifeline

Call or Text 988 or 1-800-273-8255

In Spanish call 1-888-628-9454

Deaf and Hard of Hearing Dial 711 first, then 1-800-273-8255

The Trevor Project provides LGBTQ crisis support.

Call 1-866-488-7386

Text 'START' to 678-678

<https://www.thetrevorproject.org/>

MENTAL HEALTH ASSISTANCE

If a member has contemplated suicide in the past or reports suffering from mental or behavioral health issues, refer them to the resources in the **MENTAL HEALTH** section of this resource guide.

EMERGENCY PLANS

DOMESTIC VIOLENCE

If a member says that they are in a domestic violence situation, make sure that you and the member are not in **immediate danger**. If you are, you should **call 911 immediately**.

If the member would like assistance with domestic violence, they may reach out to the following resources or consult the **DOMESTIC VIOLENCE/HUMAN TRAFFICKING** section in this resource guide.

24-Hour National DV Hotline: 800-799-7233 or text START to 88788

Houston Police Department Family Violence Unit: 713-308-1100

For a comprehensive list of resources for survivors visit Harris County Domestic Violence Coordinating Council at:

<https://www.hcdvcc.org/resourcesforsurvivors/>

HUMAN TRAFFICKING

If a member says that they are in a human trafficking situation, make sure that you and the member are not in **immediate danger**. If you are, you should **call 911 immediately**.

If the member says they are a victim of human trafficking, they may reach out to the following resources or consult the **DOMESTIC VIOLENCE/HUMAN TRAFFICKING** section in this resource guide.

National Human Trafficking Hotline: 1-888-373-7888

<https://humantraffickinghotline.org/en>

HPD Vice Division: 713-308-8600

EMERGENCY PLANS

HEALTHCARE EMERGENCIES

If a member is having a healthcare emergency and they do not have insurance, they should be referred to the following Harris Health hospitals:

Ben Taub General Hospital (HCHD)
1504 Taub Loop, Houston, TX
713-793-2000

Lyndon B. Johnson Hospital
5656 Kelley Street
Houston, TX 77026
713-566-5100

EMERGENCY PLANS

HOUSING

If a member is currently homeless and looking for housing, they should be directed to the following agencies for a housing assessment by the Coalition for the Homeless of Houston's Way Home Initiative.

AIDS Foundation Houston

<https://www.afhouston.org/>

713-623-6796

Westpark Dr., Ste. 100, Houston, TX 77057

The Beacon

Assessments five days a week, Monday – Friday, first come, first serve. First 5 people guaranteed to be seen; next 5 on standby. Line starts at 7 am. Housing status updates on Wednesdays 1:00 – 3:00 pm.

www.beaconhomeless.org

1212 Prairie St., Houston, TX 77002

713-220-9737

Covenant House Texas

<https://www.covenanthouse.org/>

713-523-2231

3412 Beulah St., Houston, TX 77004

Northwest Assistance Ministries

<https://www.namonline.org/>

281-885-4555

15555 Kuykendahl Rd., Houston, TX 77090

Salvation Army Young Adult Resource Center

<https://salvationarmyhouston.org/houston/yarc/>

713-223-4513

1603 McGowen St., Houston, TX 77004

Star of Hope Men's Development Center

<https://www.sohmission.org/our-services/mens-development-center/>

713-227-8900

1811 Ruiz St, Houston, TX 77002

EMERGENCY PLANS

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Star of Hope Women and Families

<https://www.sohmission.org/our-services/women-and-family-development-center/>

713-222-2220

2575 Reed Rd, Houston, TX 77051

U.S. Vets Houston

<https://usvets.org/locations/houston/>

832-203-1626

1418 Preston St., Houston, TX 77002

VA Homeless Veteran Care

<https://www.va.gov/houston-health-care/health-services/homeless-veteran-care/>

713-794-7533

If a member is homeless and looking for **emergency shelter**, refer them to the agencies listed under **HOUSING** in this resource guide.

EMERGENCY PLANS

SUBSTANCE USE

If a member presents with substance use issues, **make sure that they are not a danger to themselves or others. If they are, call 911.**

If a member is looking for treatment, they should contact:

The Council on Recovery at 713-942-4100.

The Council provides free, state-funded outreach, screening, assessment, and referral services (OSAR). Post assessment, The Council will provide a referral to an Intensive Outpatient Program. <https://www.councilonrecovery.org/>

EMERGENCY PLANS

CHILD ABUSE

If you or someone else is in **immediate danger**, you should **call 911 immediately**.

If you **suspect or witness** child abuse or neglect, **report** it to **Child Protective Services at 800-252-5400**.

YOUTH

If a member is between the ages of 18 – 24 and is homeless they should be referred to Covenant House Texas for emergency shelter.

Covenant House

Covenant House is an 80-bed emergency shelter available 24-hours for youth in need. Along with shelter, they offer safe harbor for victims of human trafficking, free meals, anonymous and confidential HIV testing, STD testing, HIV prevention counseling and education, job skills programs, mental health services, and substance abuse services. If accepted into the Rights of Passage program, residents live in semi-independence at Covenant House for up to 18 months while learning how to do their own shopping, cooking, cleaning, finances, etc.

<https://www.covenanthouse.org/>

713-523-2231

3412 Beulah St., Houston, TX 77004

If a member is 18-25 and looking for case management and navigation services, they should be referred to the Salvation Army Young Adult Resource Center.

Salvation Army Young Adult Resource Center (YARC)

The Young Adult Resource Center is a respite center for young adults ages 18-25. Members are offered hot lunches, snacks; referrals to emergency shelters; access to telephones, computers, and the use of a mailing address; showers and lockers; laundry facilities; hygiene supplies and clothing; identification cards; case management and housing assessment and navigation.

<https://salvationarmyhouston.org/houston/yarc/>

713-223-4513

1603 McGowen St., Houston, TX 77004

HOUSING

If a member is currently homeless and looking for housing, they should be directed to The Beacon for a housing assessment by the Coalition for the Homeless of Houston's Way Home Initiative.

The Beacon serves as a Coordinated Access hub and provides housing assessments five days a week, Monday – Friday, first come, first serve. First 5 people guaranteed to be seen; next 5 on standby. Line starts at 7 am. Housing status updates on Wednesdays 1:00 – 3:00 pm.

www.beaconhomeless.org

713-220-9737

1212 Prairie St., Houston, TX 77002

If a member is seeking **immediate, temporary shelter** they should be directed to the following agencies:

Star of Hope Men's Development Center – Men Only

Star of Hope's Men's Development Center houses over 300 men nightly and provides emergency and residential programs. Intake is from 8-11am and again from 1-3pm. They can reach capacity so late arrivals may have to be turned away. Clients should bring some form of ID (if they have none, they will be referred to a place that will give them acceptable ID). Length of stay is on a case-by-case basis. At times, due to extreme weather, the center will go into an overflow mode and accommodate up to 100 additional clients. Chapel services and meals are offered three times a day. Showers and a clean change of clothing are also provided.

<https://www.sohmission.org/our-services/mens-development-center/>

713-227-8900

1811 Ruiz St, Houston, TX 77002

Star of Hope Family - Women, and Families

Star of Hope Family shelter can house up to 300 guests in 71 rooms. Allowed stay is up to 90 days. The facility also houses a medical clinic, licensed daycare, pre-school area, teen activity room, computer learning center, and volunteers come daily to assist children with homework and enrichment activities. Adult residents are required to perform household chores and attend motivational classes that are based on Christian principles.

<https://www.sohmission.org/our-services/women-and-family-development-center/>

713-222-2220

2575 Reed Rd, Houston, TX 77051

Salvation Army Jones Residence – Men, Women, and Families

The Salvation Army's Jones Residence is a housing program designed to transition **homeless women and families** back into the community. Jones Residence provides case management,

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childcare, job skills training, substance abuse counseling, job placement, and referral to resources when needed. Adults and children are invited to participate in a full schedule of classes and counseling designed to address the underlying causes of homelessness and facilitate healing in a nurturing environment. This housing program is unique in that it keeps both parents together during the process. After families and women transition out of Jones Residence, case managers offer household goods, items meeting practical and spiritual needs, and 12 months of case management follow-up.

<https://salvationarmyhouston.org/houston/sns>

713-650-6530

1603 McGowen St, Houston, TX 77004

Salvation Army Center of Hope – Men and Veterans

The Center of Hope is a supportive navigation shelter for single men and veterans. They help navigation through many barriers to success, including health problems, lack of job skills, and addiction issues. The Center provides emergency shelter and transitional beds while searching for housing.

<https://salvationarmyhouston.org/houston/sns>

713-752-0677

1717 Congress, Houston, TX 77002

Covenant House – 18 to 24 Only

Covenant House is an 80-bed emergency shelter available 24-hours for youth in need. Along with shelter, they offer safe harbor for victims of human trafficking, free meals, anonymous and confidential HIV testing, STD testing, HIV prevention counseling and education, job skills programs, mental health services, and substance abuse services. If accepted into the Rights of Passage program, residents live in semi-independence at Covenant House for up to 18 months while learning how to do their own shopping, cooking, cleaning, finances, etc.

<https://www.covenanthouse.org/>

713-523-2231

3412 Beulah St., Houston, TX 77004

Santa Maria – Jacquelyn House – Residential Treatment, Supportive Housing, Women Veteran and Emergency Shelter for Single Women

Santa Maria Hostel, Inc. provides services **exclusively for women**. They offer programs for veterans, women with chemical dependency, single women, and women with children.

Programs include long-term transitional housing and emergency shelter.

<https://www.santamariahostel.org/>

713-691-0900

713-228-0125, 2005 Jacquelyn Dr., Houston, TX 77055

Family Promise of Lake Houston

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Family Promise of Lake Houston provides emergency shelter to families, couples, women, and children. Single men and anyone with serious psychiatric or substance use problems are not permitted. The FPLH program provides daily support and educational programs for 90 to 120 days. Services include case management, weekly goal setting, life skills classes, a GED program, and parenting and money management classes.

<https://fplh.org/>

281-441-3754

111 S Avenue G, Humble, TX 77338

Magnificat Houses, Inc.

Magnificat Houses provides emergency residences (1-90 nights), permanent supportive housing, meals, clothing, and mental health support. They privately operate residential homes, a Clubhouse for the mentally ill and a large downtown soup kitchen. Guests share household chores and responsibilities, respect one another's traditions, celebrate holidays and birthdays together, and participate in day trips. Each house is monitored by a house leader and assistant house leader, carefully chosen and trained to provide individual support. Individuals with sex offenses and/or electric monitors are not accepted, but individuals with violent offenses are permitted.

<https://mhihouston.org/what-we-do/housing/>

713-529-4231

1410 Elgin St., Houston, TX 77004

Mission of Yahweh – Women and Children Only

Mission of Yahweh offers emergency and transitional housing and does not take walk-ins. Individuals must first call and set up an in-person or phone interview. They provide food and clothing to residents, along with services to help individuals resume a self-sufficient life.

<https://missionofyahweh.org/>

713-466-4785

10247 Algiers Rd, Houston, TX 77041

Sonrise Community Church – The Center for Empowerment

An emergency and short-term shelter for men, women, and children. Sonrise provides GED education programs, job training, drug/alcohol recovery, and is a full family recovery center with counseling and parent-training programs. Average stay is three months. They do not accept sexual offenders.

281-449-0994

5609 East Mount Houston Rd., Houston, TX 77093

LONGER-TERM TRANSITIONAL HOUSING

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Abundance Living, Inc.

Abundance Living, Inc. is a Modified Therapeutic Community located in the Acres Homes Area. They provide housing, counseling, job assistance, basic computer training, and substance abuse counseling for the returning home male ex-offender population. They do not accept sexual offenders. COURT ORDERED THROUGH TDCJ ONLY.

281-931-5953

8512 Wheatley St., Houston, TX 77088

<https://www.abundancelivinginc.org/>

Airline House

Airline House provides transitional housing for men coming from TDCJ. Individuals with sex offenses involving children are not accepted, but those involving adults are permitted. Rent is \$140 a week and a \$250 deposit is required. There is no minimum or maximum stay, but residents must be sober for 30 days before moving in. Client must be on parole.

713-861-3070

1607 Airline Dr., Houston, TX 77009

Brigid's Hope at The Beacon

This program provides transitional housing, individual and group therapy, case management, and life skills training to women ages 35 and older who are formerly homeless and previously incarcerated. The primary goal of the program is to reduce the number of women returning to the criminal justice system by providing resources that empower participants to lead safe and productive lives. Average length of stay is 9 months to 1 year.

<https://www.beaconhomeless.org/brididshope>

713-220-9737

1212 Prairie St., Houston, TX 77002

Regina Walker, rwalker@beaconhomeless.org

Family Promise of Montgomery County

Family Promise of Montgomery County's Home-to-Home Program provides 90-day shelter for families with children under the age of 18. Candidates must apply to the program and are subject to an interview. Residents are expected to maintain full-time work, be drug/alcohol free, live and work in Montgomery County, and not have a serious criminal history. Residents are required to complete Life Skills classes. Services include case management, resume building, job search resources, housing referrals, transportation, and financial support.

<https://www.familypromiseofmc.org/emergency-shelter>

936-441-8778

Santa Maria Hostel, Inc. Residential Treatment, Emergency Shelter and Supportive Housing

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Santa Maria Hostel, Inc. provides services **exclusively for women**. They offer programs for veterans, women with chemical dependency, single women, and women with children. Programs include long-term transitional housing and emergency shelter.

<https://www.santamariahostel.org/>

713-691-0900

Main Campus Santa Maria Bonita House – Residential and Outpatient Treatment, Supportive Housing, Admissions for Women with Children

2605 Parker Rd., Houston, TX 77093

Santa Maria – Jacquelyn House – Residential Treatment, Supportive Housing, Women Veteran and Emergency Shelter for Single Women

713-228-0125, 2005 Jacquelyn Dr., Houston, TX 77055

Women’s Recovery Residence and Community Center (WRRCC)

807 Paschall St., Houston, TX 77009

Sarah’s House

Sarah’s House provides emergency shelter, meals, clothing, and basic necessities for homeless women and their children.

<http://www.sarahshouse.org/>

713-475-1480

711 Perla Rd., Pasadena, TX 77502

Star of Hope Men’s Development Center

The Men’s Development Center offers a six-month Spiritual Recovery Program and a yearlong Transitional Living Program (TLC). In TLC, men are expected to remain gainfully employed and to practice the virtues of thrift and saving.

<https://www.sohmission.org/our-services/mens-development-center/>

713-226-5414

1811 Ruiz St., Houston, TX 77002

Star Of Hope – New Horizons Long Term Housing

A faith-based program in which clients are offered subsidized housing. Clients are offered rental and daycare subsidies over a period of 18 months, during which time the subsidy decreases incrementally, as the graduate’s increase their share of housing costs. Star of Hope provides continuing support and accountability toward the goal of total self-sustainability and independence. At the end of 18 months, the clients assume the full obligation of their rent and are fully independent.

<https://www.sohmission.org/our-services/extended-services/new-horizons/>

713-748-0700

Located at multiple campuses in Houston, TX

Spirit Key, Inc.

Spirit Key assists men in becoming productive citizens in a faith-based community. Services include transitional housing, job training, life skills, and a place for worship. The program is

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designed for successful re-entry with an emphasis on re-entering the work force. The transitional work facility is open to homeless men, veterans, and ex-offenders and is located on five acres in North Houston, Harris County.

281-971-0014, office@spiritkey.org

136 Kaltenbrun Rd., Houston, TX 77086

Turning Point Center

Turning Point Center provides transitional housing facility for elderly men and women 50 years of age and older. Individuals with sex offenses are not accepted, but those with violent offenses and individuals on electronic monitors are permitted if they are able to pay the fees themselves. There is no minimum or maximum stay. They also offer meals, clothing, counseling, job training, and continuing education.

713-957-0099

1701 Jacquelyn Dr., Houston, TX 77055

<https://turningpointcenter.org/>

The Women's Home

The Women's Home offers four unique programs: a residential treatment and transitional housing program, two permanent supportive housing programs, and a collaborative service center that offers support services to help prevent and end homelessness in the community. The treatment program serves **homeless women struggling with addiction and mental illness.**

<https://www.thewomenshome.org/>

Jane Cizik Garden Place

713-328-1976

1839 Jacquelyn Dr., Houston, TX 77055

Adele and Ber Pieper Family Place

713-574-2445

7625 Hammerly Blvd., Houston, TX 77055

Mabee WholeLife Service Center

713-328-1963

1905 Jacquelyn Dr., Houston, TX 77055

PERMANENT SUPPORTIVE HOUSING

Harmony House

Harmony House provides services to men who are employed in the Houston area, including transitional housing, permanent supportive housing, and primary healthcare. The target population is gainfully employed homeless men in Houston/Harris County, who pays a weekly fee for lodging. Residents range from present-day alcohol and/or substance users (damp) to those in active or long-term recovery (dry). In addition, Harmony House actively communicates with incarcerated prisoners expecting to be released to ensure that they have a secure place to live upon parole.

<http://harmonyhouse.org/our-programs/>

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713-236-0119

602 Girard St., Houston, TX 77077

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Magnificat Houses, Inc.

Magnificat Houses provides emergency residences (1-90 nights), permanent supportive housing, meals, clothing, and mental health support for men and women. They privately operate residential homes, a Clubhouse for the mentally ill and a large downtown soup kitchen. Guests share household chores and responsibilities, respect one another's traditions, celebrate holidays and birthdays together, and participate in day trips. Each house is monitored by a house leader and assistant house leader, carefully chosen, and trained to provide individual support. Individuals with sex offenses and/or electric monitors are not accepted, but individuals with violent offenses are permitted.

<https://mhihouston.org/what-we-do/housing/>

713-529-4231

1410 Elgin St., Houston, TX 77004

New Hope Housing, Inc.

New Hope Housing operates nine low-cost communities in Houston for men, women, and families. Each property offers a range of supportive services that help provide tools to rebuild lives. The rental rates for an SRO efficiency unit are between \$495 and \$812, and for a multifamily apartment unit starting at \$907. A background check is required, and certain felonies are not accepted, such as sexual offenses. To apply, an individual must have identification, a social security card, and proof of income.

<https://www.newhopehousing.com/>

713-222-0290

3315 Harrisburg Blvd., #400, Houston, TX 77003

U.S. VETS Houston

U.S. VETS is a private, non-profit organization, providing housing, employment, counseling, and case management to veterans in the Houston area. It has three facilities located at Midtown, Fannin Street, and Downtown.

<https://usvets.org/locations/houston/>

832-203-1626

7227 Fannin St, Suite 200, Houston, TX 77030

SOBER LIVING RESIDENCES

Last Chance Recovery Center

Last Chance Recovery Center is a long-term facility for **men** in recovery. There is no minimum or maximum stay. All residents must be willing to commit to changing their lifestyle through the services provided; they must also be employed or be willing to be employed upon admission. Individuals with sex offenses are not accepted, but those with violent offenses and individuals on electronic monitors are permitted on a case-by-case basis.

<https://lastchancerecovery.org/>

713-529-1581

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5130 Milwee St., Houston, TX 77092

A New Freedom Sober Living Home for Men

A New Freedom is a sober living home that provides a safe and clean-living environment for **men** wanting to begin or continue in a 12 Step recovery program from drug and alcohol dependency. Individuals with sex offenses are not accepted, but those with violent offenses and individuals on electronic monitors are permitted.

<https://houstonhalfwayhouse.com/>

281-948-3717

10050 Lazy Oaks, Houston, TX 77080

Open Door Mission

Open Door Mission is an intensive, 9-month, faith-based program designed to help **men** overcome drug and alcohol addictions. When men enter the program, they are involved in a comprehensive curriculum of self-discovery, life-skills, spiritual renewal, and Bible study. They also participate actively in mentoring, counseling, and 12-step work. Transitional housing services are available to men who complete the program.

<https://www.opendoorhouston.org/>

713-921-7520

5803 Harrisburg Blvd., Houston, TX 77011

Oxford Houses

Oxford Houses are self-run, self-supported homes for individuals recovering from alcohol and drug addiction. The Oxford House Program provides individuals with a substance-free living environment entirely supported by the members of the home. Financial responsibilities are handled by the residents in each house, making a cooperative measure necessary for the success of the residents. Home tasks and activities are led by an officer of each house; officers are elected by other residents of the home and serve a six-month term before another election is held. Relapse is a large concern within the Oxford House system and is taken very seriously.

<https://www.oxfordhousetx.org/>

<https://www.oxfordvacancies.com/>

Recenter

Recenter provides programs and services to help individuals who are predominately homeless recover from alcoholism and drug addiction. Onsite housing and meals for men and women is available for a fee depending on the needs of the individual. Recenter accepts vouchers and other subsidies toward the payment of program fees. Sex offenders are not accepted; eligibility for those on parole or probation will be determined at the time of admission.

www.recenterhouston.com

832-649-6696

3809 Main St., Houston, TX 77002

HOUSING

Truxillo House

An inclusive sober living environment for men in recovery. All applicants are subject to an interview. There is a \$50 deposit and rent is \$180 per week. No alcoholic beverages, drugs or paraphernalia allowed.

713-410-0002

2121 Truxillo St., Houston, TX 77004

Victory Family Center

A faith-based residential program. Clients must be willing to make a minimum six-month commitment to the program. The recovery center is a live-in residential program. Residents are not allowed to work during the program. While in the program, residents participated in daily Chapel services, group sessions, Bible studies and various work activities designed to motivate and build character. All services are free. They do ask family members to contribute if possible.

<https://victoryfamilycenter.org/>

713-699-4357

222 Royder, Houston, TX 77009

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ADDITIONAL HOUSING RESOURCES

Houston Housing Authority

This agency administers public housing programs such as Section 8 rental housing vouchers and Low Rent Public Housing for low-income families. Eligibility for people convicted of criminal offenses varies and waiting lists are common.

<https://housingforhouston.com/>

713-260-0500, 713-260-0812

2640 Fountainview, Houston, TX 77057

Harris County Housing Authority

This agency administers public housing programs such as Section 8 rental housing vouchers and Low Rent Public Housing for low-income families. Eligibility for people convicted of criminal offenses varies and waiting lists are common.

<https://hchatexas.org/>

713-578-2100

1933 Hussion St., Houston, TX 77003

Baytown Housing Authority

This agency administers various public housing programs including Section 8 and Low Rent Public Housing for low-income families. Eligibility for people convicted of criminal offenses varies and waiting lists are common.

<https://www.baytownhousing.org/>

281-427-6686

1805 Cedar Bayou Rd., Baytown, TX 77520

Pasadena Housing Program

This agency administers various public housing programs including Section 8 and Low Rent Public Housing for low-income families. Eligibility for people convicted of criminal offenses varies and waiting lists are common.

<https://www.pasadenatx.gov/782/Housing-Services>

713-475-4894

1114 Davis, Pasadena, TX 77506

BASIC NEEDS AND EMERGENCY ASSISTANCE

AIDS Foundation Houston

AIDS Foundation Houston offers a free HIV/STI testing, STI treatment, consultations on prevention, navigational support within the health care system, and permanent supportive housing for those living with HIV and their families. They also operate The Stone Soup Food Pantry Open M – F, 10 am – 4 pm; a valid photo ID is required.

<https://www.afhouston.org/>

713-623-6796

Westpark Dr., Ste. 100, Houston, TX 77057

Attack Poverty

Attack Poverty strengthens under resourced communities through spiritual growth, education, revitalization, and basic needs. Community programs include in-school student support, after school programs, literacy, GED Prep, ESL classes, job readiness training and home repair.

Locations in North Houston, Stafford, Richmond, and Rosenberg.

<https://attackpoverty.org/>

832-847-4379

3727 Greenbriar Dr., Ste. 100, Stafford, TX 77477

Baker Ripley

Baker Ripley operates multiple community centers throughout the Houston area. Services include disaster recovery assistance, Head Start education centers, a citizenship and immigration program, job and career development through Workforce Solutions, senior health and wellness centers, tax centers, supportive services for veteran families, and a utility assistance program.

<https://www.bakerripley.org/>

713-667-9400

The Beacon

The Beacon Day Center offers essential services to the homeless community. Their day center offers breakfast and hot lunches, laundry and shower services, mailbox privileges, Metro bus passes, access to phones and computers and walk-up case management. The Beacon also serves as a Coordinated Access hub; they assess and navigate individuals into housing. Beacon Law assists with ID restoration, clearing criminal history, social security disability appeals, family law, housing law, and limited wills and estates. A Harris Health clinic is also on site. The Day Center is open Thursday – Monday 7 am – 12 pm. Assessments occur Monday – Friday, first come, first serve. First 5 people guaranteed to be seen; next 5 on standby. Line starts at 7 am. Housing status updates on Wednesdays 1:00 – 3:00 pm.

<https://www.beaconhomeless.org/>

713-220-9737

1212 Prairie St., Houston, TX 77002

BASIC NEEDS AND EMERGENCY ASSISTANCE

Bethel's Heavenly Hands

Bethel's Heavenly Hands offers food assistance. Groceries are distributed on Tuesdays from 7:30 – 11:30 pm.

<https://www.bethelsheavenlyhands.org/>

713-729-6477

12660 Sandpiper Dr., Houston, TX 77035

Berean Adventist Community Service

Berean ACS offers supplemental groceries, clothing, single parent mentoring, and career and resume coaching. The food bank serves 77003 and 77004.

<https://www.bereansdahouston.org>

713-654-8945

2119 St. Emanuel St., Houston, TX 77003

Braes Interfaith Ministries

Routine services include food pantry, clothing, toiletries, school supplies, and limited financial assistance (not rental). Clothing at resale shop nearby. Onsite interview process for all services. Open on Monday, Wednesday, and Friday from 10 am - 2 pm. To receive full services, it is recommended that clients arrive by 1 P.M. Serves 77025, 77035, 77045, 77051, 77053, 77054, 77071, 77085, and 77096.

<https://braesinterfaithministries.org/>

713-723-2671

4300 W. Belfort, Houston, TX 77035

Bread of Life

Bread of Life coordinates food and supply distributions. Families are encouraged to register online the morning of distribution days. See website for distribution dates.

<https://www.breadoflifeinc.org/volunteer>

832-939-7477

2019 Crawford St., Houston, TX 77002

Brentwood Community Foundation Project WAITT

Project WAITT provides the following programs: Rental Assistance, Mortgage Assistance, Utilities Assistance (electric, gas, telephone, and water), 18 bed Transitional Housing (on-site living facility), Nutrition Counseling, Health Education/Wellness Counseling, and Permanent Housing Placement. Services are provided to clients living in Fort Bend, Liberty, Montgomery, Chambers, Waller and Harris counties. Clients are referred to the program by an HIV service provider, a Case Manager or by individual contacts.

<https://brentwoodfoundation.org/our-programs/project-waitt/>

713-852-1452

13033 Landmark St., Houston, TX 77045

BASIC NEEDS AND EMERGENCY ASSISTANCE

Career Gear – Men’s Professional Clothing

<https://www.careergearhouston.org/index.html>

713-778-9959 or info@careergearhouston.org

7500 Bellaire Blvd, Suite BB20, Houston, TX 77036

Catholic Charities

Catholic Charities offers counseling, disaster assistance, food distribution, housing assistance, rental and utilities assistance, immigrant legal assistance, women veteran services, refugee services, and senior services.

Guadalupe Food Distribution Center – 326 S. Jensen Dr., Houston, TX

Open on Tuesday afternoons. Clients may come and shop for their own groceries, by Appointment only. Call 713-874-6781 on Mondays & Fridays to make appointments.

Mamie George Community Center – 1111 Collins Rd., Richmond TX 77469

Distribution by appointment only. Call 281-202-6200.

Beacon of Hope Isle Market – 4700 Broadway Ave., Galveston, TX

Call 409-762-2064 for more information.

<https://catholiccharities.org/>

713-526-4611

2900 Louisiana St., Houston, TX 77006

Chinese Community Center

Chinese Community Center offers a variety of social services including utility assistance, income tax preparation, application assistance, and citizenship assistance.

<https://ccchouston.org/>

713-271-6100

9800 Town Park Dr., Houston, TX 77036

Christian Community Service Center

CCSC offers rental and utility assistance, food, clothing, vocational training, career coaching, and computer training. Financial assistance with interview. Limited assistance with medication. Services limited to specific zip codes. Additional food pantry at 6856 Bellaire.

<https://ccschouston.org/>

713-961-3993

3434 Branard, Houston, TX 77027

Community Family Centers

Community Family Centers offers a food pantry Monday – Friday, 8 am – 5 pm. Additional services include GED testing, ESL classes, and childcare. Food pantry services are limited to specific zip codes M-Th: 77011, 77012, 77017, 77023, 77087, 77547, 77029, 77536, 77530, 77015. All zip codes served on Fridays.

<https://www.communityfamilycenters.org/>

713-923-2316

7524 Avenue E, Houston, TX 77012

BASIC NEEDS AND EMERGENCY ASSISTANCE

Crossroads at Park Place

Crossroads is a day center that ministers to the homeless. They provide breakfast and lunch, showers, laundry, haircuts, needs assessments, social services referrals, health screenings, mailboxes, and a computer lab. Open Tuesday and Thursday from 7:00 a.m. to 12:00 p.m.

<https://crossroadsatparkplace.org/>

713-252-3604

7843 Park Place Blvd. Houston, TX 77087

Cypress Assistance Ministries

CAM provides emergency financial support – rent, mortgage, and utilities, a food pantry, household goods, clothing vouchers, GED and ESL classes, and career coaching.

<https://www.cypressassistance.org/>

281-955-7684

12930 Cypress N. Houston Rd., Cypress, TX 77429

Dress for Success – Women’s Professional Clothing

<https://www.dfshouston.org/>

713-957-3779 or appointment@dfshouston.org

3310 Eastside St., Houston, TX 77098

East Fort Bend Human Needs Ministry

East Fort Bend Human Needs Ministry provides a food pantry, emergency financial assistance – rent, mortgage, and utilities, and a resale shop. The food pantry is open Tuesday, Thursday and Friday from 10:00am – 12:30pm and select Wednesday evenings from 6:00pm – 8:00pm. Call 281-261-5470 to make an appointment for financial assistance, applicants must be a resident of East Fort Bend County.

<https://www.humanneeds.org/>

281-261-1006

435 Stafford Run, Stafford, TX 77477

Easter Seals Houston

Easter Seals provides comprehensive services to individuals of all ages with disabilities.

<https://eastersealshouston.org/>

281-207-2300

Elise Hough, CEO, ehough@eastersealshouston.org

Emergency Aid Coalition

Emergency Aid Coalition provides clothing, a food pantry, sack lunches, and a work boot voucher program. Open M – F, 8:30 am – 12 pm and Sunday 11 am – 1 pm. To schedule appointments at the food pantry and clothing center, call 713-343-3061.

<https://eachouston.org/>

713-528-3663

5401 Fannin, Houston, TX 77004

BASIC NEEDS AND EMERGENCY ASSISTANCE

Epiphany Community Health Outreach Services

ECHOS provides application assistance, a food pantry, rental and utility assistance, and health screenings. To apply for financial assistance, call 713-270-0369.

<https://echoshouston.org/>

713-270-0369

9600 S. Gessner Rd., Houston, TX 77071

Family Houston

531 FM 359 South, Brookshire, TX 77423 (Waller for case management only)

Family Houston assists with applications for benefits. They also provide case management and resource information for utility and food assistance.

<https://familyhouston.org/>

713-861-4849

4625 Lillian St., Houston, TX 77007

Fair Haven Food Pantry

Fair Haven Food Pantry is a ministry of Chapelwood United Methodist Church. The pantry is open Monday – Friday, 10 am – 2 pm. Clients are eligible for one visit per week.

<https://www.chapelwood.org/fairhaven/fair-haven-food-pantry/>

713-468-3276

1330 Gessner Houston, TX 77055

First Baptist Church North Houston Food Pantry

Food pantry open 1st and 3rd Monday 9:30a.m.-11:00a.m. FOOD ONLY, NO FINANCIAL ASSISTANCE. Serves 77016,77032,77039,77050, 77060, 77078,77093 - the area within Little York south to Greens Rd. north, 59 east to Hardy Toll Road west.

281-449-7201

4422 Lauder Rd., Houston, TX 77039

Fort Bend Connect

Fort Bend Connect is a monthly resource meeting hosted by United Way.

281-207-2300, fortbend@unitedway.org

Fort Bend County

Fort Bend County provides rent, mortgage, and utility assistance, food assistance, and emergency medication assistance. Applicants should refer to the website to identify required documents to receive assistance.

<https://www.fortbendcountytexas.gov/government/departments/social-services/services>

281-342-3411

301 Jackson St., Richmond, TX 77469

BASIC NEEDS AND EMERGENCY ASSISTANCE

Fort Bend Family Promise

Fort Bend Family Promise provides to the homeless and low-income families in Ft. Bend County. Services include a food pantry, transportation assistance, and rental assistance.

<https://fortbendfamilypromise.org/>

281-403-3923, Vera Johnson, ED, VLJohnson.FBFamilyPromise.org

4645 Cartwright Rd., Missouri City, TX 77459

Harris County Social Services

Harris County Social Services provides emergency utility assistance, emergency rental/mortgage assistance, and housing stability case management, and bereavement services.

<https://csd.harriscountytexas.gov/Pages/ServicesProvided.aspx>

713-696-7900

Hope Impacts

Hope Impacts focuses on the needs of the chronically and situationally homeless. Services include suppers and showers, assistance with medical care, medication, dental care, eye exams, mental health, counseling, mentoring programs, computer skills, ID and documentation, transportation, referrals, and client advocacy.

<https://www.hopeimpacts.org/>

713-705-7884, Tina Hatcher, ED, tina@hopeimpacts.org

802 Dominion, Suite 900, Katy, TX 77450

House of Amos

House of Amos provides emergency food services, rent and utility assistance, ESL and citizenship classes, and computer training.

<http://www.houseofamos.org/>

832-977-1208

11169 Beechnut St., Suite G, Houston, TX 77072

Houston Food Bank

The Houston Food Bank's Community Resource Center provides appointment-based curbside food pick up Monday – Friday, 3 pm – 8 pm, Saturday, 9 am – 4 pm. Call the helpline at 832-369-9390 to locate a local food pantry.

<https://www.houstonfoodbank.org/>

832-369-9390

535 Portwall St., Houston, TX 77029

BASIC NEEDS AND EMERGENCY ASSISTANCE

Humble Area Assistance Ministries

HAAM provides rental assistance and a food pantry to specific zip codes in the surrounding area. Other services include a disaster response, an employment center, assistance for new moms and babies in the first year of life, and mental and behavioral health services.

<https://haaministries.org/>

281-446-3663

1302 First St., Humble, TX 77338

Impact Houston Church of Christ

Impact Houston offers a resource center with food, clothing, and supplies. Their homeless day services include Bible Study, breakfast, a hot meal, showers, and laundry. See website for hours.

<https://impacthoustonchurch.org/gethelp/>

713-864-5667

1704 Weber St., 77007

Interfaith Caring Ministries

ICM assists southern Harris and northern Galveston County. Services include a food pantry, emergency food, rent and utility assistance, and a senior outreach program. Residents must have a documented financial crisis to receive assistance. Open M – F, 8:30 am – 4:30 pm; Food Pantry is open 8:30 am – 1:00 pm. Services limited to Clear Creek and Friendswood ISD addresses.

<https://icmtx.org/>

281-332-3881

151 Park Ave., League City, TX 77573

Interfaith of the Woodlands

Interfaith of the Woodlands assists with mortgage, rent, utilities, food, prescription drugs, gasoline, clothing, and school supplies. Short-term emergency shelter is available.

<https://woodlandsinterfaith.org/>

281-367-1230

4242 Interfaith Way, The Woodlands, TX 77381

Katy Christian Ministries

Katy Christian Ministries provides rental, mortgage, and utility assistance, gas cards, assistance with prescriptions, food assistance, and vouchers for clothing, furniture, and household items at their retail store. Other services include assistance with health benefits. Services are limited to certain zip codes: 77449, 77450, 77493, 77494, 77094, 77084, 77485, 77464, 77441, 77406, and 77476.

<https://ktcm.org/social-services/>

281-391-9623

3506 Porter Rd., Katy, TX 77493

BASIC NEEDS AND EMERGENCY ASSISTANCE

Literacy Council of Fort Bend County

The Literacy Council of Fort Bend County is a community-based adult education organization providing curriculum-based programs such as adult basic education, English literacy instruction, High School Equivalency preparation, and US Citizenship tutoring.

<http://www.ftbendliteracy.org/>

281-240-8181, Terri Stuart, ED, tstuart@ftbendliteracy.org

12530 Emily Ct., Sugar Land, TX 77478

Loaves & Fishes Soup Kitchen

Loaves and Fishes Soup Kitchen is operated by Magnificat House Houston. Open six days a week, Tuesday – Saturday, 11 am – 3 pm.

<https://mhihouston.org/what-we-do/meals/>

713-529-4231

2009 Congress St., Houston, TX 77002

Lone Star Legal Aid

Lone Star Legal Aid provides legal assistance in numerous areas to those living in poverty. Practice areas include consumer, landlord tenant, foreclosure, public benefits, environmental justice, disaster recovery, tax relief, fair housing, family law, domestic violence, sexual assault, crime victim rights, and veteran's benefits. Eligibility is dependent on federal guidelines.

<https://www.lonestarlegal.org/>

800-733-8394

1415 Fannin St., Houston, TX 77002

Lord of the Streets

Lord of the Streets/Community of the Streets houses the Caritas Health Clinic, which offers a wide variety of primary health care services on Monday – Thursday 8 am – 2 pm. The organization offers many other social services to the homeless including meals, transportation, shelter, financial assistance, and referrals to other services.

<https://www.lotshouston.org/>

713-526-0311

3401 Fannin, Houston, TX 77004

Main Street Ministries – Operation ID

Main Street Ministries Operation ID assist clients in gathering supporting documentation competing forms, and funding an official state-issued ID along with related documentation. Clients must be referred by approved agencies to receive help. By appointment only.

<https://msmhouston.org/>

281-833-3500

5100 Travis, Houston, TX 77002

BASIC NEEDS AND EMERGENCY ASSISTANCE

Mayor's Office for People with Disabilities

The mission of the Mayor's Office for People with Disabilities (MOPD) is to serve as the primary advocate for the rights and needs of citizens with disabilities. The Office also serves as a liaison between the mayor, city council, city departments and other public and private entities on matters pertaining to people with disabilities in Houston.

<http://www.houstontx.gov/disabilities/>

611 Walker St., Houston, TX 77002

Memorial Assistance Ministries

Memorial Area Ministries offers emergency assistance with rent and utilities, medical expenses, transportation, and clothing/household supplies. Other services include benefits enrollment, free tax preparation, disaster assistance, employment services, ESL and citizenship classes, GED preparation, digital literacy classes, immigration legal services, mental health counseling, and medical services (immunizations, health screenings, and vision screenings). Services are specific to certain zip codes: 77008, 77009, 77018, 77022, 77024, 77037, 77039, 77040, 77041, 77043, 77055, 77076, 77079, 77080, 77088, 77091, and 77092.

<https://www.mamhouston.org/>

713-468-4516

1625 Blalock Rd., Houston, TX 77080

Mission Centers of Houston

Mission Centers of Houston offer food pantries, emergency food assistance programs, and weekly assistance programs for the homeless. Services are specific to certain zip codes.

<https://missioncenters.org/>

Gano Mission Center: 713-227-1146, 1815 Gano St., Houston, TX 77009

Joy Mission Center: 713-921-0197, 7629 Avenue F, Houston, TX 77012

My Brother's Keeper Outreach Center

MBK offers a food pantry Monday, Wednesday, Friday, 10 am - 1:30 pm. Additional services include emergency assistance for rent and utilities and financial literacy classes. Services are specific to certain zip codes.

<https://www.mybkoutreach.org/>

281-498-9933

12621 Bissonnet St., Houston, TX 77099

North Channel Assistance Ministries

North Channel Assistance Ministries operates a food pantry Tuesday, Wednesday, Thursday, 8 am – 12 pm. Services are specific to certain zip codes: 77013, 77015, 77044, 77049, 77530, 77078 and 77029.

713-453-8028

13837 Bonham St., Houston, TX 77015

BASIC NEEDS AND EMERGENCY ASSISTANCE

Northwest Assistance Ministries

Northwest Assistance Ministries offers emergency assistance for rent, mortgage, clothing, gas vouchers, and bus passes. Additional services include a food pantry, a family violence center, vocational training center, a pediatric health center, disaster relief, and permanent supportive housing assessments. For housing services call 281-885-4531. Emergency basic needs for zip codes: 77014, 77032, 77038, 77050, 77060, 77064, 77066, 77070, 77073, 77086, 77090, 77379, 77388, 77339.

<https://www.namonline.org/>

281-885-4555

15555 Kuykendahl Rd., Houston, TX 77090

Pasadena Community Ministries

Pasadena Community Ministries provides food and clothing to those in need in Pasadena and Deer Park. Open Tuesday and Thursday 9 am – 12 pm and the first Saturday of the month 9 – 11 am.

<https://www.pcm-texas.org/>

713-477-4336

2301 South Houston, Pasadena, TX 77502

Pearland Christian Helping Hands

Pearland Christian Helping Hands has a food pantry that serves all areas. Open Monday – Friday, 10 am – 2 pm.

<http://www.christianhelpinghands.org/>

281-485-9776

3402 Swenson Dr., Pearland, TX 77581

Pearland Neighborhood Center

Pearland Neighborhood Center offers Utility Assistance, Rent Assistance, Food & Baby Pantry, Bread Pantry, School Supply Vouchers, Financial Stability Course, Emergency Assistance, Disaster Relief, and GED Scholarships.

<https://pnctexas.com/>

281-942-7382

2335 N. Texas Ave., Pearland, TX 77581

Rosenberg Richmond Helping Hands

Rosenberg Richmond Helping Hands provides food and clothing. Open Monday – Thursday, 9:30 am – 1:30 pm.

<https://roserichhelpinghands.org/>

281-232-4904, Michael Gutierrez, ED, rrhh@roserichhelpinghands.org

902 Collins Rd., Richmond, TX 77469

BASIC NEEDS AND EMERGENCY ASSISTANCE

Salvation Army Young Adult Resource Center (YARC)

The Young Adult Resource Center is a respite center for young adults ages 18-25. Members are offered hot lunches, snacks; referrals to emergency shelters; access to telephones, computers, and the use of a mailing address; showers and lockers; laundry facilities; hygiene supplies and clothing; identification cards; case management and housing assessment and navigation.

<https://salvationarmyhouston.org/houston/yarc/>

713-223-4513

1603 McGowen St., Houston, TX 77004

Sarah's House

Sarah's house provides emergency shelter, meals, clothing, and basic necessities for homeless women and their children.

<http://www.sarahshouse.org/>

713-475-1480

711 Perla Rd., Pasadena, TX 77502

SEARCH Homeless Services

SEARCH specializes in skilled case management to help those who are homeless. Assists with funding housing on a referral only basis. Clients must be referred by Career and Recovery Resources or The Beacon (an assessment will be conducted for housing assistance eligibility). Assistance applying for Gold Card, food stamps, and mental health services, information, and referral to community resources. Mobile outreach provides assistance and access to community connections to get clients back on their feet. Also provides therapeutic child development (at Foshee Family House of Tiny Treasures) for homeless participants while they search for jobs/go to school. Referrals for ID, clothing, support agencies.

<https://www.searchhomeless.org/>

713-739-7752

2015 Congress Ave., Houston, TX 77002

Society of Samaritans

Food distribution Monday – Friday, 10 am – 2 pm. Limited clothing, utilities, rent, and prescription assistance. Serves zip codes 77363, 77301-306, 77316, 77318, 77333, 77353-57, 77362, 77365, 77372, 77381, 77382, 77384, 77385-87, 77393.

<https://societyofsamaritanstx.org/>

281-252-9647

31355 Friendship Dr. #500, Magnolia, TX 77355

Society of St. Vincent de Paul

Society of St. Vincent de Paul hosts a food fair the 1st, 3rd, 4th Saturday of each month from 8 – 10 am. They also provide clothing and furniture vouchers for use in their resale shop.

<https://www.svdphouston.org/>

713-741-8234

2403 Holcombe Blvd., Houston, TX 77021

BASIC NEEDS AND EMERGENCY ASSISTANCE

Southeast Area Ministries

Southeast Area Ministries provides emergency services of food; clothing; financial assistance for housing, utilities, medicine, and transportation; and resource navigation. Services are limited to specific zip codes.

<https://southeastareaministries.com/>

713-944-0093

2102 Houston Blvd., Houston, TX 77587

St. Joseph Catholic Church

St. Joseph Catholic Church provides rent and utility assistance, food, and support for pregnant mothers in crisis. Services are limited to specific zip codes.

<https://www.saintjoseph.org/en/serve/social-committee>

713-222-8903

1505 Kane St., Houston, TX 77007

St. Mary Magdalene Church

Mary Magdalene Social Services offers food on Monday, Wednesday, Friday from 9:30 am – 12:30 pm. Additional services include eviction and utility pledge assistance and hotel vouchers. Some services are limited to specific zip codes.

<https://st-mm.com/social-ministry>

281-540-1907

527 South Houston Ave., Humble, TX 77338

St. Vincent's House

St. Vincent's House offers a food pantry Monday – Friday 9 am – 1 pm. Additional services include emergency assistance, transportation assistance, a medical clinic, and bilingual counseling.

<https://www.stvhope.org/>

409-763-8521

2817 Post Office, Galveston, TX 77550

Target Hunger

Target Hunger offers multiple food programs including food pantries, disaster response, and navigation services.

<https://www.targethunger.org/>

832-767-1677

1260 Shotwell St., Houston, TX 77020

BASIC NEEDS AND EMERGENCY ASSISTANCE

Texas Department of Health and Human Services – Benefits Office

<https://www.yourtexasbenefits.com/Learn/Home>

Texas Rent Relief

<https://texasrentrelief.com/>

Tomball Emergency Assistance Ministries

TEAM assists with rent and utilities; a food pantry; clothing vouchers to their resale shop; and medical, dental, and vision vouchers. The pantry is open on Tuesdays from 10 am – 2 pm and Thursdays from 10 am – 12 pm. Serves zip codes: 77375 and 77377, Tomball ISD, and members of the church coalition.

<https://teamtomball.com/>

281-351-6700

300 W. Main St., Tomball, TX 77375

United Way of Greater Houston

For resources dial 211 or visit <https://referral.unitedwayhouston.org/>

281-207-2300

Wesley Community Center

Wesley Community Center assists with rent, utilities (call to determine if funding is available) and food. Additional services include job search assistance and credit repair coaching.

<https://wesleyhousehouston.org/>

713-223-8131

1410 Lee St., Houston, TX 77009

West Houston Assistance Ministries

WHAM offers food and clothing assistance; financial assistance for eviction prevention, mortgage, and utilities by appointment only; employment searches; adult basic education & ESL. The food pantry is open Monday, Wednesday, Friday from 8 -10 am. Financial assistance services limited to 77042, 77057, 77063, 77072, 77077, 77082, and 77083.

<https://www.whamministries.org/>

713-780-2727

10501 Meadowglen Ln., Houston, TX 77042

Wheeler Avenue Baptist Church

Wheeler Avenue Baptist Church assists with rent, mortgage, lights, water, and gas bills. By appointment only.

<https://wheelerbc.org/matthew-25-info>

713-748-5240

3826 Wheeler Ave., Houston, TX 77004

COMMUNITY HEALTH RESOURCES

Access Health

Access Health is a private, not-for-profit organization and Federally Qualified Health Center focusing on providing primary healthcare services for the low-income population of Fort Bend and Waller counties, they open their doors to all who wish to receive care without regard to income or circumstance.

<https://www.myaccesshealth.org/services>

Main: 281-342-4530

Ft. Bend: 281-261-0182

Multiple locations including Brookshire, Bellville, Columbus, Eagle Lake, East Fort Bend, Hempstead, Katy, Missouri City, Richmond, Rosenberg, Sealy, Stafford, Weimar, and Wharton

AIDS Foundation Houston

AIDS Foundation Houston offers a free HIV/STI testing, STI treatment, consultations on prevention, navigational support within the health care system, and permanent supportive housing for those living with HIV and their families. They also operate The Stone Soup Food Pantry open M – F, 10 am – 4 pm; a valid photo ID is required.

<https://www.afhouston.org/>

713-623-6796/6260

Westpark Dr., Ste. 100, Houston, TX 77057

Avenue 360 Health & Wellness

Avenue 360 Health and Wellness is a Federally Qualified Health Center with seven clinics in the Houston region providing primary medical, behavioral health, and dental care to medically underserved communities. Mental Health services include individual, group and family counseling, psychiatry, and substance use treatment. They tailor services to meet the needs of each patient regardless of age, sex, race/ethnicity, sexual orientation, gender identity, or ability to pay. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.

LGBTQ+ friendly.

<https://avenue360.org/>

713-426-0027

Heights (Main Campus): 2150 West 18th Street, Suite 300, Houston, TX 77008

Midtown: 2920 Fannin St., Houston, TX 77002

Memorial City (Pediatrics): 902 Frostwood, Ste. 142 Houston, TX 77024

Montrose: 602 Branard St, Houston, TX 77006

Southwest: 14095 S Main St., Houston, TX 77035

Humble: 9816 Memorial Blvd., Suite 120, Humble, TX 77338

South Central: 4405 Griggs Rd., Houston, TX 77021

Spring Cypress: 17010 Sugar Pine Drive, Houston, TX 77090-2213

COMMUNITY HEALTH RESOURCES

El Centro de Corazon

El Centro de Corazón is a non-profit, Federally Qualified Health Center that offers adult and pediatric primary care, women's health services, dental care, and behavioral health services. Adult and pediatric mental health services are offered at the Magnolia Health Center and John S. Dunn Health Center. Services include psychiatric evaluations, medication management, individual and family therapy, and trauma focused therapy. All services are offered in Spanish. Services are provided on a sliding scale fee based on ability to pay.

<https://www.elcentrodecorazon.org/es/services/servicios-de-salud-del-comportamiento/>

713-660-1880

Centro de Salud Eastwood

412 Telephone Rd., Houston, TX 77023

Centro de Salud John S. Dunn

7635 Canal St., Houston, TX 77012

Centro de Salud Magnolia

7037 Capitol St., Suite N100, Houston, TX 77011

Centro de Salud Southeast

5901 Long Drive, Suite 500, Houston, TX 77087

Good Neighbor Healthcare Center

Good Neighbor offers primary and preventative care. Spanish speaking staff are available. Services include dental, optometry, family medicine, behavioral health, and prenatal care. Payment is on a sliding scale with proof of income.

<http://gnhc.org/>

713-529-3597

190 Heights Blvd., Houston, TX 77007

The Harris Center for Mental Health and IDD Project for Assistance in Transition from Homelessness (Bristow - PATH)

The Harris Center PATH program provides clinical and non-clinical services to individuals who are both homeless and have a mental illness. Services include physician assessment, medication management, individual and group counseling, substance abuse assessment and counseling, nursing services, wrap around case management, sack lunches, showers, laundry, phones, lockers, and access to a clothing closet.

https://www.theharriscenter.org/Portals/0/Service%20Page%20Docs/Comprehensive%20Psychiatric%20Emergency%20Program/9-12-19_CPEP.pdf

713-970-7413

2627 Caroline St., Houston, TX 77004

COMMUNITY HEALTH RESOURCES

Harris County Indigent Health Care Program

The County Indigent Health Care Program helps low-income Texas residents who don't qualify for other state or federal health care programs have access to health care services. Applicants must live in Texas, have an income level below 21% of the federal poverty guidelines, have resources less than \$2,000, and not be eligible for Medicaid.

<https://www.hhs.texas.gov/services/health/county-indigent-health-care-program>

Harris County Public Health and Environmental Services

Offers various free, low-cost, or sliding scale health services such as, family planning, adult wellness exams, STD Testing, and immunizations for adults and children.

<https://publichealth.harriscountytexas.gov/Services-Programs/Services/HWC/Health-and-Wellness-Clinic-Locations>

832-927-7350, Locations in Humble and Pasadena

Harris Health

Harris Health System is a fully integrated healthcare system that cares for all residents of Harris County, Texas. Their system includes [community health centers](#), [same-day clinics](#), three multi-specialty clinic locations, a [dental](#) center and dialysis center, mobile health units and two full-service hospitals.

<https://www.harrishealth.org/>

Healthcare for the Homeless

Healthcare for the Homeless offers care to homeless individuals with no form of health insurance. Services include primary care, well women's care, pediatrics, psychiatry, behavioral health, addiction services, mental healthcare, case management, peer-based support, dental, optometry and ophthalmology, and podiatry.

<https://www.homeless-healthcare.org/>

Main: 713-286-6000, 1934 Caroline, Houston, TX 77002

Cathedral Clinic in collaboration with The Beacon

713-220-9730, 1212 Prairie, Houston, TX 77002

Reed Family Clinic in collaboration with New Hope Housing

713-532-9901, 2605 Reed Rd., Houston, TX 77051

COMMUNITY HEALTH RESOURCES

HOPE Clinic

The Hope Clinic is a Federally Qualified Health Center that provides primary care, pediatric, OB/GYN, eye care, and behavioral health services regardless of the patient's ability to pay. Behavioral health services include psychiatry services, medication management and counseling for children and adults. The clinic has the capacity to provide services in 30 different languages including: Spanish, Mandarin, Cantonese, Vietnamese, Korean, Burmese, and Arabic. Services are provided to Medicare, Medicaid, ACA Marketplace, CHIP, Insured and Uninsured individuals.

<https://www.hopechc.org/about-us/services/behavioral-health-services/>

Main: 713-773-0803

Main Sharpstown/Bellaire

7001 Corporate Dr., Suite 120, Houston, TX 77036

Aldine Meadows

2112 Aldine Meadows Road, Houston, TX 77032

Houston Department of Health and Human Services Health Centers

HHS Health Centers provide comprehensive care. Services include family planning, immunizations, tuberculosis diagnosis, STD care, and dental care. No one will be denied access to services due to inability to pay; there is a discounted/sliding fee schedule available.

<https://www.houstonhealth.org/services/clinical/health-centers>

Appointments: 832-393-5427

La Nueva Casa de Amigos Health Center

1809 North Main St., Houston, TX 77009

Northside Health Center

8504 Schuller Rd., Houston, TX 77093

Sharpstown Health Services

6201 Bonhomme Rd., Houston, TX 77036

Sunnyside Health Center

4605 Wilmington St., Houston, TX 77051

COMMUNITY HEALTH RESOURCES

Legacy Community Health

Legacy Community Health is a full-service, Federally Qualified Health Center, that provides adult primary care, pediatrics, dental care, vision services, behavioral health services, OB/GYN and maternity, vaccinations and immunizations, health promotion and community outreach, wellness and nutrition, and comprehensive HIV/AIDS care. They tailor services to meet the needs of each patient regardless of age, sex, race/ethnicity, sexual orientation, gender identity, or ability to pay. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.

<https://www.legacycommunityhealth.org/services/behavioral-health/>

Main: 832-548-5000

Northside Irvington 713-814-3590

3517 Irvington Blvd., Suite 200, Houston, TX 77009

Northline 281-628-2030

5598-A1 North Freeway, Northtown Plaza, Houston, TX 77076

Montrose 832-548-5100

1415 California St., Houston, TX 77006

Branard 713-366-7444

401 Branard St., Level 3, Houston, TX 77006

Fifth Ward 832-548-5400

3811 Lyons Ave., Houston, TX 77020

East End - Santa Clara 713-921-0075

5616 Lawndale St., Suite A108, Houston, TX 77023

Southwest – Mapleridge 713-779-7200

6550 Mapleridge St., Suite 106, Houston, TX 77081

Baker-Ripley 713-351-7350

6500 Rookin St., Building B, Suite 200, Houston, TX 77074

Alief Bissonnet 832-548-5000

12345 Bissonnet St., Houston, TX 77099

Bissonnet 281-498-6100

12667 Bissonnet St., Houston, TX 77099

Baytown - San Jacinto 281-420-8400

4301 Garth Rd., Suite 400, Baytown, TX 77521

Deer Park - Center St. 281-628-2040

3430 Center St., Deer Park, TX 77536

Beaumont - Central Stagg 409-833-8850

3455 Stagg Dr., Beaumont, TX 77701

Beaumont - Taylor Pediatrics 409-242-2525

3030 North St., Beaumont, TX 77702

COMMUNITY HEALTH RESOURCES

Lord of the Streets

Lord of the Streets/Community of the Streets houses the Caritas Health Clinic, which offers a wide variety of primary health care services on Monday – Thursday 8 am – 2 pm. The organization offers many other social services to the homeless including meals, transportation, shelter, financial assistance, and referrals to other services.

<https://www.lotshouston.org/>

713-526-0311

3401 Fannin, Houston, TX 77004

Pasadena Health Center

Services include family practice, dental services, OB/GYN services, pediatrics, and counseling. The clinic accepts private insurance, Medicare, Medicaid, and self-pay based on a sliding fee scale.

<https://www.pasadenahealthcenter.com/>

713-554-1091

908 Southmore, Pasadena, TX 77502

Planned Parenthood

Services include birth control, general health care, HIV testing, men's health, emergency contraception, pregnancy testing and services, STD testing, treatment, and vaccines. Will accept patients without insurance.

<https://www.plannedparenthood.org/>

Prevention Park Health Center

713-522-3976, 4600 Gulf Freeway, Ste. 100, Houston, TX 77023

Southwest Health Center

713-541-5372, 5800 Bellaire Blvd., Houston, TX 77081

Northwest Health Center

713-514-1107, 13169 Northwest Freeway, Ste. 115, Houston, TX 77040

Northville Health Center

713-514-1106, 9919 North Freeway, Ste. 107, Houston, TX 77037

Stafford Health Center

713-514-1100, 12614 Southwest Freeway, Suite A, Stafford, TX 77477

Spring Health Center

713-514-1102, 4747 Louetta Rd., Spring, TX 77388

COMMUNITY HEALTH RESOURCES

Spring Branch Community Health Center

SBCHC is a private, non-profit Federally Qualified Health Center that provides affordable healthcare and counseling services to the underserved and uninsured communities of Spring Branch and West Houston. Counseling is available for children, couples, and families including victims of sexual assault and domestic violence. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals. <https://sbchc.net/our-services/behavioral-health/>
713-462-6565

Hillendahl Clinic

1615 Hillendahl Blvd, Houston, TX 77055

Pitner Clinic

8575 Pitner Road, Houston, TX 77080

West Clinic

19333 Clay Road, Katy, TX 77449

VA Health Clinics

<https://www.va.gov/houston-health-care/locations/>

Main Location

Michael E. DeBakey Department of Veterans Affairs Medical Center

2002 Holcombe Blvd., Houston, TX, 77030

Main: 713-791-1414, Mental Health Care: 713-794-7561

See website for additional locations in Beaumont, Conroe, Galveston County, Katy, Kingwood, Lake Jackson, Lufkin, Richmond, Sugar Land, Texas City, and Tomball.

Vecino Health Centers

Vecino Health Centers is a Federally Qualified Health Center that offers medical, dental and behavioral health services to the medically underserved. They offer individual, group, family, and couples' therapy to children, adolescents, and adults. Counselors are bilingual in English and Spanish. Services are provided to Medicare, Medicaid, Insured and Uninsured individuals. <https://vecinohealthcenters.org/>

Denver Harbor Family Health Center: 713-674-3326

424 Hahlo Street, Houston, TX 77020

Airline Children & Women's Health Center: 713-695-4013

5808 Airline Drive, Houston, TX 77076

MENTAL HEALTH RESOURCES

MENTAL HEALTH EMERGENCIES

What if a client says they want to commit SUICIDE?

Ask, do you have a plan? Can I have the phone number of a friend or relative?

If a member is suicidal and has an active plan to hurt themselves or someone else, **call 911 immediately.**

MENTAL HEALTH CRISIS

If a member is **suicidal without an active plan** or is experiencing a mental health crisis, they may contact the following agencies:

SAMHSA Suicide and Crisis Lifeline

Call or Text **988** or 1-800-273-8255

In Spanish call 1-888-628-9454

Deaf and Hard of Hearing Dial 711 first, then 1-800-273-8255

The Trevor Project provides LGBTQ crisis support.

Call 1-866-488-7386

Text 'START' to 678-678

<https://www.thetrevorproject.org/>

MENTAL HEALTH EMERGENCIES-INPATIENT

During psychiatric emergencies when a member is *voluntarily seeking inpatient* treatment, they may call or go to either of these facilities in the Texas Medical Center:

NeuroPsychiatric Center (NPC, The Harris Center, or formerly MHMRA)

1502 Taub Loop, Houston, TX

713-970-7070

Ben Taub General Hospital (HCHD)-**ONLY if a medical condition is present**

1504 Taub Loop, Houston, TX

713-793-2000

UT Harris County Psychiatric Center (HCPC)

2800 S MacGregor Way, Houston, TX 77021

713-741-5000

<https://hcpc.uth.edu/>

MENTAL HEALTH RESOURCES

DISASTER DISTRESS HELPLINE

If a member needs crisis counseling and support for emotional distress related to disasters and infectious disease outbreaks they may call or text:

[SAMHSA Disaster Distress Helpline](#)

[1-800-985-5990](#)

MENTAL HEALTH SERVICES LOCATOR NATION-WIDE

If a member is looking for services Nationwide, they may go to: [SAMHSA Treatment Locator](#)

LOW-COST THERAPY AND TELEHEALTH

Open Path Collective

Links members with therapists who charge between \$40-\$70. There is a one-time membership fee of \$65.

<https://openpathcollective.org/>

Inclusive Therapists

Searches for members who are looking for low-cost, sliding scale therapists.

<https://www.inclusivetherapists.com/>

MENTAL HEALTH AGENCIES IN THE HOUSTON AREA-Inpatient and Outpatient

The Harris Center for Mental Health and IDD Community Service Centers

The Harris Center (formerly MHMRA) Community Service Centers provide outpatient and mental health services. Call the main number, 713-970-7000 to determine eligibility for one of the Mental Health Outpatient Clinics.

<https://www.theharriscenter.org/>

Main: 713-970-7000

Northwest CSC

3737 Dacoma, Houston, TX 77092

Southwest CSC

9401 Southwest Freeway, Houston, TX 77074

Southeast CSC

5901 Long Drive, Houston, TX 77087

Northeast CSC

7200 North Loop East Freeway, Houston, TX 77028"

MENTAL HEALTH RESOURCES

The Harris Center for Mental Health and IDD Project for Assistance in Transition from Homelessness (PATH)

The Harris Center PATH program provides clinical and non-clinical services to individuals who are both homeless and have a mental illness. Services include physician assessment, medication management, individual and group counseling, substance abuse assessment and counseling, nursing services, wrap around case management, sack lunches, showers, laundry, phones, lockers, and access to a clothing closet.

https://www.theharriscenter.org/Portals/0/Service%20Page%20Docs/Comprehensive%20Psychiatric%20Emergency%20Program/9-12-19_CPEP.pdf

713-970-7413

2627 Caroline St., Houston, TX 77004

The Harris Center for Mental Health and IDD Respite, Rehabilitation, and Re-entry Center

The Harris Center Respite, Rehabilitation, and Re-entry Center offers rehabilitation to people who are homeless and have a serious mental illness, estimated stays of 90-180 days.

Additionally, they offer transitional supportive housing, mental health apartment units, and short-term beds to individuals leaving Harris County jail with no safe place to live.

<https://www.theharriscenter.org/Services/Our-Services/The-Respite-Rehabilitation-and-Re-Entry-Center>

713-970-7000

6160 South Loop East, Houston, TX 77087

Avenue 360 Health & Wellness

Avenue 360 Health and Wellness is a Federally Qualified Health Center with seven clinics in the Houston region providing primary medical, behavioral health, and dental care to medically underserved communities. Mental Health services include individual, group and family counseling, psychiatry, and substance use treatment. They tailor services to meet the needs of each patient regardless of age, sex, race/ethnicity, sexual orientation, gender identity, or ability to pay. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.

LGBTQ+ friendly.

<https://avenue360.org/>

713-426-0027

Heights (Main Campus): 2150 West 18th Street, Suite 300, Houston, TX 77008

Midtown: 2920 Fannin St., Houston, TX 77002

Memorial City (Pediatrics): 902 Frostwood, Ste. 142 Houston, TX 77024

Montrose: 602 Branard St, Houston, TX 77006

Southwest: 14095 S Main St., Houston, TX 77035

Humble: 9816 Memorial Blvd., Suite 120, Humble, TX 77338

South Central: 4405 Griggs Rd., Houston, TX 77021

Spring Cypress: 17010 Sugar Pine Drive, Houston, TX 77090-2213

MENTAL HEALTH RESOURCES

Attachment and Trauma Center of Houston

Attachment and Trauma Center of Houston offers counseling with an emphasis on attachment and trauma challenges to children, adolescents, and adults. Accepts Aetna and United Healthcare.

<https://www.atchouston.com/>

281-903-5353

The Atrium at Sugar Creek

101 Southwestern Blvd., Suite 105, Houston, TX 77478

Baylor Medicine - Psychiatry

Baylor Medicine Psychiatry offers adult outpatient assessments and treatment for psychiatric, psychological, and relationship difficulties. Services also include medication management and individual, marital, group, and family psychotherapy. Income based sliding scale fees are available in some instances.

<https://www.bcm.edu/healthcare/specialties/psychiatry-and-behavioral-sciences>

713-798-4857

Jamail Specialty Care Center

1977 Butler Blvd, Houston, TX 77030

Bee Busy Wellness Center

Bee Busy Wellness Center is a non-profit community based *Federally Qualified Health Center* that provides physical health, mental health and psychiatric services. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.

<https://mybbwc.org/>

713-771-2292

8785 West Belfort Street, Houston, TX 77031

Behavioral Hospital of Bellaire

Behavioral Hospital of Bellaire offers inpatient and outpatient counseling for adolescents, adults, and seniors. It features a Women's Wellness program to treat victims of domestic violence, rape, postpartum depression, and other female specific issues. Accepts most major insurances.

<https://bhbhospital.com/>

713-600-9500, 1-800-423-0017

5314 Dashwood Drive Suite 300 Houston, TX 77081-4603

Bo's Place

Bo's Place is a non-profit, free-of-charge- bereavement center offering grief support services for children, families, and adults.

<https://www.bosplace.org/en/>

713-942-8339

10050 Buffalo Speedway, Houston, TX 77054

MENTAL HEALTH RESOURCES

Catholic Charities of the Archdiocese of Galveston-Houston

The Counseling Services program at Catholic Charities provides individual, couple, and family counseling, as well as workshops/presentations for men, women, and children. Bilingual staff members available. Sliding scale and no cost counseling is available.

<https://catholiccharities.org/strengthening-families/counseling/>

713-526-4611, Counseling: 713-970-7000

2900 Louisiana Street, Houston, TX 77006

Eating Recovery Center

Eating Recovery Center Houston focuses on eating disorder treatment for children, adolescents, and adults. They offer inpatient, outpatient, and virtual services. Several major insurances are accepted. Additional locations in Plano and Austin.

<https://www.eatingrecoverycenter.com/recovery-centers/houston>

1-866-587-8206

The Woodlands

17350 St. Lukes Way, Suite 220, The Woodlands, TX 77384

El Centro de Corazon

El Centro de Corazón is a non-profit, *Federally Qualified Health Center* that offers adult and pediatric primary care, women's health services, dental care, and behavioral health services. Adult and pediatric mental health services are offered at the Magnolia Health Center and John S. Dunn Health Center. Services include psychiatric evaluations, medication management, individual and family therapy, and trauma focused therapy. All services are offered in Spanish. Services are provided on a sliding scale fee based on ability to pay.

<https://www.elcentrodecorazon.org/es/services/servicios-de-salud-del-comportamiento/>

713-660-1880

Centro de Salud Eastwood

412 Telephone Rd., Houston, TX 77023

Centro de Salud John S. Dunn

7635 Canal St., Houston, TX 77012

Centro de Salud Magnolia

7037 Capitol St., Suite N100, Houston, TX 77011

Centro de Salud Southeast

5901 Long Drive, Suite 500, Houston, TX 77087

MENTAL HEALTH RESOURCES

Family Houston

Family Houston offers community support services, mental health, and financial stability programs. Services include basic needs, veterans support services, counseling for children, individuals, and families, and financial and employment coaching.

<https://familyhouston.org/>

Online appointments only: 713-861-4849

Resheka Moore, Employment Coach, rmoores@familyhouston.org, 281-207-2440

Central Location

713-861-4849

4950 Memorial Dr.

Email – family@familyhouston.org

Bay Area

1300 Bay Area Blvd. Building A, Suite 240, Houston, TX 77058

Fort Bend

12300 Parc Crest Dr., Stafford, TX 77477

Waller

531 FM 359 South, Brookshire, TX 77423

The Woodlands

1600 Lake Front Circle, Suite 200, The Woodlands, TX 77380

Greater Heights Holistic Psychiatry

Greater Heights Holistic Psychiatry offers a comprehensive treatment of psychiatric disorders.

They provide initial psychiatric diagnosis evaluations, medication management, and counseling.

Accepts most major insurances.

<https://psychiatryhoustontx.com/>

832-930-1202

1919 North Loop West, Suite 280, Houston, TX 77008

Grief Recovery Center

Grief Recovery Center is a private outpatient mental health counseling practice that serves all ages. Services include individual, family, couples, and group counseling. Specialties include grief loss and counseling, depression, anxiety, sex abuse, trauma, EMDR, and anger management.

Accepts several major insurances. Sliding scale?

<https://www.griefrecoveryhouston.com/>

281-888-0815

2000 North Loop West, Suite 100, Houston, TX 77018

MENTAL HEALTH RESOURCES

HOPE Clinic

The Hope Clinic is a *Federally Qualified Health Center* that provides primary care, pediatric, OB/GYN, eye care, and behavioral health services regardless of the patient's ability to pay. Behavioral health services include psychiatry services, medication management and counseling for children and adults. The clinic has the capacity to provide services in 30 different languages including: Spanish, Mandarin, Cantonese, Vietnamese, Korean, Burmese, and Arabic. Services are provided to Medicare, Medicaid, ACA Marketplace, CHIP, Insured and Uninsured individuals.

<https://www.hopechc.org/about-us/services/behavioral-health-services/>

713-773-0803

Sharpstown/Bellaire

7001 Corporate Dr., Suite 120, Houston, TX 77036

Aldine Meadows

2112 Aldine Meadows Road, Houston, TX 77032

Hope Fort Bend Clubhouse

Hope Fort Bend Clubhouse is a psycho-social program where individuals living with mental health conditions are empowered to gain confidence and independence. The Clubhouse has a Work Ordered Day where members perform tasks that will support the organization.

<https://hopefortbendclubhouse.org/>

281-605-9212

912 South 6th St., Richmond, TX 77469

Kerry Beth Cottingham – Executive Director, kcottingham@hopefortbendclubhouse.org

Jewish Family Services

Jewish Family Services provides individual and group trauma-informed therapy for children, adolescents, adults, seniors, couples, and families. Sliding scale? Uninsured

<https://www.ifshouston.org/>

713-667-9336

4131 South Braeswood Blvd., Houston, TX 77025

MENTAL HEALTH RESOURCES

Legacy Community Health

Legacy Community Health is a full-service, *Federally Qualified Health Center*, that provides adult primary care, pediatrics, dental care, vision services, behavioral health services, OB/GYN and maternity, vaccinations and immunizations, health promotion and community outreach, wellness and nutrition, and comprehensive HIV/AIDS care. They tailor services to meet the needs of each patient regardless of age, sex, race/ethnicity, sexual orientation, gender identity, or ability to pay. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.

<https://www.legacycommunityhealth.org/services/behavioral-health/>

Main: 832-548-5000

Northside Irvington, 713-814-3590

3517 Irvington Blvd., Suite 200, Houston, TX 77009

Northline, 281-628-2030

5598-A1 North Freeway, Northtown Plaza, Houston, TX 77076

Montrose, 832-548-5100

1415 California St., Houston, TX 77006

Branard, 713-366-7444

401 Branard St., Level 3, Houston, TX 77006

Fifth Ward, 832-548-5400

3811 Lyons Ave., Houston, TX 77020

East End - Santa Clara, 713-921-0075

5616 Lawndale St., Suite A108, Houston, TX 77023

Southwest – Mapleridge, 713-779-7200

6550 Mapleridge St., Suite 106, Houston, TX 77081

Baker-Ripley, 713-351-7350

6500 Rookin St., Building B, Suite 200, Houston, TX 77074

Alief Bissonnet, 832-548-5000

12345 Bissonnet St., Houston, TX 77099

Bissonnet, 281-498-6100

12667 Bissonnet St., Houston, TX 77099

Baytown - San Jacinto, 281-420-8400

4301 Garth Rd., Suite 400, Baytown, TX 77521

Deer Park – Center, St. 281-628-2040

3430 Center St., Deer Park, TX 77536

Beaumont - Central Stagg, 409-833-8850

3455 Stagg Dr., Beaumont, TX 77701

Beaumont - Taylor Pediatrics, 409-242-2525

3030 North St., Beaumont, TX 77702

MENTAL HEALTH RESOURCES

Spring Branch Community Health Center

SBCHC is a private, non-profit *Federally Qualified Health Center* that provides affordable healthcare and counseling services to the underserved and uninsured communities of Spring Branch and West Houston. Counseling is available for children, couples, and families including victims of sexual assault and domestic violence. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.

<https://sbchc.net/our-services/behavioral-health/>

713-462-6565

Hillendahl Clinic

1615 Hillendahl Blvd, Houston, TX 77055

Pitner Clinic

8575 Pitner Road, Houston, TX 77080

West Clinic

19333 Clay Road, Katy, TX 77449

The Alliance for Multicultural Services Wellness Center

The Alliance for Multicultural Services Wellness Center provides individual, group, and family therapy for children and adults. They offer psychiatric assessments, consultations, and medication management. Staff clinicians speak Spanish, Urdu, Hindi, and Nepali and partners with the Alliance Language Network to accommodate 80+ other languages. They accept Medicaid, Medicare, Point Comfort (Refugee Medical Assistance), and private insurance. For those that are uninsured, a sliding fee scale is available.

<https://thealliancetx.org/wellness-clinic/>

713-776-4700

6420 Hillcroft Avenue, Houston, TX 77081

The Montrose Center

The Montrose Center offers individual, couples/family, and group counseling by therapists who specialize in treating substance use disorders as well as co-existing mental health problems, traumatic life events, and other issues related to physical and sexual health that may be unique to members of the LGBTQ and HIV communities. Accepts Medicare/Medicaid. Sliding scale and no cost counseling available.

<https://montrosecenter.org/>

713-529-0037

401 Branard Street, Houston, TX 77006

MENTAL HEALTH RESOURCES

VA Vet Centers

Vet Centers are community-based counseling centers that provide a wide range of social and psychological services, including professional readjustment counseling to eligible Veterans, active-duty service members, including National Guard and Reserve components, and their families. Individual, group, marriage and family counseling is offered in addition to referral and connection to other VA or community benefits and services. Vet Center counselors and outreach staff, many of whom are Veterans themselves, are experienced and prepared to discuss the tragedies of war, loss, grief and transition after trauma.

https://www.vetcenter.va.gov/About_US.asp

Beaumont Vet Center

409-347-0124

990 IH 10 North, Beaumont, TX 77702

Houston Southwest Vet Center

713-523-0884

10103 Fondren Road, Houston, TX 77096

Houston West Vet Center

713-682-2288

701 North Post Oak Road, Houston, TX 77024

Spring Vet Center

281-537-7812

14300 Corner Stone Village Dr., Houston, TX 77014

Vecino Health Centers

Vecino Health Centers is a Federally Qualified Health Center that offers medical, dental and behavioral health services to the medically underserved. They offer individual, group, family, and couples' therapy to children, adolescents, and adults. Counselors are bilingual in English and Spanish. Services are provided to Medicare, Medicaid, Insured and Uninsured individuals.

<https://vecinohealthcenters.org/>

Denver Harbor Family Health Center: 713-674-3326

424 Hahlo Street, Houston, TX 77020

Airline Children & Women's Health Center: 713-695-4013

5808 Airline Drive, Houston, TX 77076

SUBSTANCE USE RESOURCES

If a member presents with substance use issues, **make sure that they are not a danger to themselves or others.**

SCREENING AND REFERRAL

If a member is looking for treatment, they should contact:

The Council on Recovery at 713-942-4100.

The Council provides free, state-funded outreach, screening, assessment, and referral services (OSAR). Post assessment, The Council will provide a referral to an Intensive Outpatient Program. <https://www.councilonrecovery.org/>
303 Jackson Hill St., Houston, TX 77007

TREATMENT PROGRAMS

Association for the Advancement of Mexican Americans (AAMA) – Project Tejas

Project Tejas assists community issues related to substance use. Intensive Outpatient (IOP), Supportive Outpatient (SOP), After-care, Recovery Support and Case Management services are offered in English and Spanish. Also offered are alcohol, tobacco, and drug assessments, drug screenings as well as individual counseling services and specialty support groups.

<https://www.aama.org/prevention-counseling-services/houston-services/>

713-926-9491

6001 Gulf Freeway, Bldg. E, Houston, TX 77023

Cheyenne Center

Cheyenne Center offers two types of **residential services for men**: The Texas Health and Human Services Commission Program is generally a 30-day inpatient program. The Texas Department of Criminal Justice Program offers sentencing alternatives for individuals facing incarceration for drug and alcohol offenses; it is generally a 90-day inpatient program. They also offer **outpatient services for men and women.**

<https://cheyennecenter.com/>

Call the 24/7 Helpline at 800-662-4357

Residential Treatment Facility: 10525 Eastex Freeway, Houston, TX 77093, 713-691-4898

Outpatient Treatment Facility: 2620 E. Crosstimbers St., Houston, TX 77093, 832-230-5435

SUBSTANCE USE RESOURCES

The Council on Recovery

The Council offers support and information to all who may be adversely affected by alcohol, drugs, or other compulsive behaviors. They provide the following services to adults (age 18 and over) seeking treatment and support in recovery: Clinical Screening and Assessments, Therapy (Individual, Family, and Group), Intensive/Supportive Outpatient Treatment, Specialty Groups (open to non-treatment clients with issues related to eating disorders, trauma, sex and love addictions, codependency, DBT Skills, and dual diagnosis), Family Program, Aftercare, and Psychoeducation/Workshops. Sliding scale fees are available to those who qualify.

<https://www.councilonrecovery.org/>

713-942-4100 or 877-777-8829

303 Jackson Hill St., Houston, TX 77007

Houston Recovery Center – Sobering Center

Houston Recovery Center offers the Sobering Center, which is a voluntary, safe, short-term space in which to get sober. They are open 24/7 and offer clean dorms separated by gender. Average length of stay is 4-6 hours. For those who have a low income and are uninsured, they offer a Partners in Recovery program, which includes peer recovery support coaching, treatment at the moment of re-entry, and an intensive 18-month recovery plan. Additionally, they offer free trauma counseling, substance use recovery programs, and health screenings/treatment for clients with HIV/AIDS and HepC.

<https://houstonrecoverycenter.org/>

713-2236-7800

150 North Chenevert St., Suite 100, Houston, TX 77002

Open Door Mission

Open Door Mission is an intensive, 9-month, faith-based program designed to help **men** overcome drug and alcohol addictions. When men enter the program, they are involved in a comprehensive curriculum of self-discovery, life-skills, spiritual renewal, and Bible study. They also participate actively in mentoring, counseling, and 12-step work. Transitional housing services are available to men who complete the program.

<https://www.opendoorhouston.org/>

713-921-7520

5803 Harrisburg Blvd., Houston, TX 77011

The Right Step – Houston Drug Rehab

The Right Step provides residential treatment, outpatient treatment, inpatient detoxification, and aftercare. Private insurance and self-pay are the only methods of payment accepted. Payments are not accepted on a sliding scale.

<https://www.rightsteprehabhouston.com/>

844-676-6094 or 844-877-7283

12350 Wood Bayou Drive, Houston, TX 77013

SUBSTANCE USE RESOURCES

Santa Maria Hostel, Inc. Residential Treatment and Supportive Housing

Santa Maria Hostel, Inc. provides services **exclusively for women**. They offer programs for veterans, women with chemical dependency, single women, and women with children. Programs include long-term transitional housing and emergency shelter.

<https://www.santamariahostel.org/>

713-691-0900

Main Campus Santa Maria Bonita House – Residential and Outpatient Treatment, Supportive Housing, Admissions for Women with Children

2605 Parker Rd., Houston, TX 77093

Santa Maria – Jacquelyn House – Residential Treatment, Supportive Housing, Women Veteran and Emergency Shelter for Single Women

713-228-0125, 2005 Jacquelyn Dr., Houston, TX 77055

Women’s Recovery Residence and Community Center (WRRCC)

807 Paschall St., Houston, TX 77009

The Women’s Home

The Women’s Home offers four unique programs: a residential treatment and transitional housing program, two permanent supportive housing programs, and a collaborative service center that offers support services to help prevent and end homelessness in the community. The treatment program serves **homeless women struggling with addiction and mental illness**.

<https://www.thewomenshome.org/>

Jane Cizik Garden Place

713-328-1976, 1839 Jacquelyn Dr., Houston, TX 77055

Adele and Ber Pieper Family Place

713-574-2445, 7625 Hammerly Blvd., Houston, TX 77055

Mabee WholeLife Service Center

713-328-1963, 1905 Jacquelyn Dr., Houston, TX 77055

The Texas House

The Texas House is a comprehensive treatment for **indigent men** with alcohol and other drug dependencies. The program is steeped in the traditions of Alcoholics Anonymous and operates as a Therapeutic Community. The Texas House can provide a one-year residential substance abuse counseling for adult men without insurance or funding.

<https://www.texas-house.org/>

888-268-0905

2208 W. 34th St., Houston, TX 77018

SUBSTANCE USE RESOURCES

Volunteers of America Texas in Greater Houston

Volunteers of America offer addiction treatment and recovery programs that address not only the addiction, but also issues like poverty, homelessness, and abuse that arise from chemical dependency. Programs include residential and outpatient addiction treatment for men and women, programs for pregnant women, and women with children, parenting classes, job preparation and training programs, financial support services, housing placement and treatment for domestic abuse/trauma.

<http://voatx.org/substance-abuse>

Main: 832-240-1587

4848 Yale St., Houston, TX 77018

Conroe: 936-788-2660

731 W. Davis Rd., Conroe, TX 77031

SOBER LIVING RESIDENCES

Last Chance Recovery Center

Last Chance Recovery Center is a long-term facility for **men** in recovery. There is no minimum or maximum stay. All residents must be willing to commit to changing their lifestyle through the services provided; they must also be employed or be willing to be employed upon admission. Individuals with sex offenses are not accepted, but those with violent offenses and individuals on electronic monitors are permitted on a case-by-case basis.

<https://lastchancerecovery.org/>

713-529-1581

5130 Milwee St., Houston, TX 77092

A New Freedom Sober Living Home for Men

A New Freedom is a sober living home that provides a safe and clean-living environment for **men** wanting to begin or continue in a 12 Step recovery program from drug and alcohol dependency. Individuals with sex offenses are not accepted, but those with violent offenses and individuals on electronic monitors are permitted.

<https://houstonhalfwayhouse.com/>

281-948-3717

10050 Lazy Oaks, Houston, TX 77080

Open Door Mission

Open Door Mission is an intensive, 9-month, faith-based program designed to help **men** overcome drug and alcohol addictions. When men enter the program, they are involved in a comprehensive curriculum of self-discovery, life-skills, spiritual renewal, and Bible study. They also participate actively in mentoring, counseling, and 12-step work. Transitional housing services are available to men who complete the program.

<https://www.opendoorhouston.org/>

713-921-7520

5803 Harrisburg Blvd., Houston, TX 77011

SUBSTANCE USE RESOURCES

Oxford Houses

Oxford Houses are self-run, self-supported homes for individuals recovering from alcohol and drug addiction. The Oxford House Program provides individuals with a substance-free living environment entirely supported by the members of the home. Financial responsibilities are handled by the residents in each house, making a cooperative measure necessary for the success of the residents. Home tasks and activities are led by an officer of each house; officers are elected by other residents of the home and serve a six-month term before another election is held. Relapse is a large concern within the Oxford House system and is taken very seriously.

<https://www.oxfordhousetx.org/>

<https://www.oxfordvacancies.com/>

Recenter

Recenter provides programs and services to help individuals who are predominately homeless recover from alcoholism and drug addiction. Onsite housing and meals for men and women is available for a fee depending on the needs of the individual. Recenter accepts vouchers and other subsidies toward the payment of program fees. Sex offenders are not accepted; eligibility for those on parole or probation will be determined at the time of admission.

www.recenterhouston.com

832-649-6696

3809 Main St., Houston, TX 77002

Truxillo House

An inclusive sober living environment for men in recovery. All applicants are subject to an interview. There is a \$50 deposit and rent is \$180 per week. No alcoholic beverages, drugs or paraphernalia allowed.

713-410-0002

2121 Truxillo St., Houston, TX 77004

Victory Family Center

A faith-based residential program. Clients must be willing to make a minimum six-month commitment to the program. The recovery center is a live-in residential program. Residents are not allowed to work during the program. While in the program, residents participated in daily Chapel services, group sessions, Bible studies and various work activities designed to motivate and build character. All services are free. They do ask family members to contribute if possible.

<https://victoryfamilycenter.org/>

713-699-4357

222 Royder, Houston, TX 77009

SUBSTANCE USE RESOURCES

SUBSTANCE USE SUPPORT GROUPS

Council on Recovery

The Council hosts a number of specialty groups with issues related to substance use, eating disorders, trauma, sex and love addictions, codependency, DBT Skills, and co-occurring disorders.

<https://www.councilonrecovery.org/>

713-942-4100 or 877-777-8829

303 Jackson Hill St., Houston, TX 77007

Alcoholics Anonymous of Houston Intergroup Association, Inc.

Find a local meeting by calling 713-686-6300, phones are answered 24 hours a day, 7 days a week by an alcoholic in recovery. <https://aahouston.org/>

Houston Area Service Committee of Narcotics Anonymous

Find a local meeting by calling the helpline at 713-661-4200 or visit <https://hascona.com/>

Area de Habla Hispania de Texas Narcoticos Anonimos

Find local and statewide NA meetings in Spanish by visiting <https://natexas.org/meeting-search/>

Cocaine Anonymous Texas Area Service Gulf Coast

Find local and statewide CA meetings by visiting <https://www.ca-texas.org/>

Crystal Meth Anonymous in Houston, Texas

Find a local meeting by calling the helpline at 855-638-4373 or visit

<https://www.crystalmeth.org/>

Houston Al-Anon and Alateen

The Al-Anon and Alateen Family Groups are a fellowship of relatives and friends of alcoholics who share their experiences, strength, and hope to solve their common problems.

Call (713) 683-7227 or visit <https://houstonalanon.org/>

Pills Anonymous

Find a local meeting by visiting <https://www.pillsanonymous.org/meetings/find-a-meeting/>

DOMESTIC VIOLENCE/HUMAN TRAFFICKING RESOURCES

If a member is in immediate danger call 911.

24-Hour National DV Hotline: 800-799-7233 or text START to 88788

Houston Police Department Family Violence Unit: 713-884-3131

Harris County Precinct 4 Constable's Office: 281-376-3472

Harris County Sheriff's Department: 713-221-6000

For a comprehensive list of resources for survivors visit Harris County Domestic Violence Coordinating Council at:

<https://www.hcdvcc.org/resourcesforsurvivors/>

EMERGENCY SHELTERS

Bay Area Turning Point

24 Hour Crisis Hotline: 281-286-2525

BATP Shelter is a safe haven created for survivors of sexual and domestic violence. The **emergency shelter** can house up to 72 adults and children. Every individual and/or family is granted an initial 30 day of emergency shelter stay with the opportunity to apply for an extension if more time is needed. Shelter services include a Children Services Program, a Food Program, Counseling and Case-Management services.

<https://www.bayareaturningpoint.org/services/>

281-338-7600

210 South Walnut St., Webster, TX 77598

The Bridge Over Troubled Waters

24-hour Hotline: 713-473-2801

With two offices, one in Pasadena and one in Baytown, The Bridge can provide a variety of services including crisis intervention, a 24-hour hotline, **emergency shelter (at Pasadena location only)**, safety planning, housing assessments, community education, primary prevention, case management, hospital accompaniments, court and police accompaniments, licensed on-site daycare, counseling, support groups, parenting classes, money management and life skills.

<https://tbotw.org/>

Pasadena Office: 713-472-0753

3811 Allen Genoa Rd., Houston, TX 77504

Baytown Office: 281-420-5600

8203 John Martin Rd., Baytown, TX 77521

DOMESTIC VIOLENCE/HUMAN TRAFFICKING RESOURCES

FamilyTime Crisis and Counseling Center (The Door)

24-Hour Hotline: 281-446-2615

Family Time provides counseling services for victims of rape, incest, domestic violence, and crime. Fees are sliding scale. Services include individual, marriage and family therapy and parenting classes. Workshops on divorce and anger management at Humble office. **Emergency shelter** for domestic violence victims.

<https://familytimecccc.org/>

Humble Office: 281-446-2615

1203 South Houston Ave., Humble, TX 77338

Dayton Office: 936-257-9744

1110 West Clayton, Dayton, TX 77535

Fort Bend Women's Center

Hotline: 281-342-4357

Fort Bend Women's Center is a 90-day transitional shelter for women and children. Teenage sons of victims can be sheltered with their mother. Counseling for battered women, sexual assault survivors, and victims of incest. Group counseling for children of residents. Computer classes, daycare, self-esteem groups. GED classes, ESL classes, parenting classes.

www.FBWC.org

281-344-5750

Vita Goodell, ED, 281-342-4357, vgoodell@fortbendwomenscenter.org

501 E. Highway 90A, Richmond, TX 77406

Houston Area Women's Center

Domestic Violence Hotline: 713-528-2121

Sexual Assault Hotline: 713-528-7273

Live Chat & TTY: 346-295-8994

HAWC is a multi-racial, multi-lingual agency that supports survivors of domestic violence, sexual assault, and sex trafficking. They provide immediate access to 24/7 crisis intervention services, **emergency shelter**, ongoing trauma-informed support programs and violence prevention initiatives to survivors, their support networks, and communities.

<https://hawc.org>

713-528-6798

DOMESTIC VIOLENCE/HUMAN TRAFFICKING RESOURCES

Montgomery County Women's Center

24 Hour Crisis Hotline: 936-441-7273

The Montgomery County Women's Center provides emergency shelter to individuals and families impacted by domestic violence and sexual assault. Additional services include trauma-informed counseling and support groups, transitional housing, legal services, and advocacy and accompaniment.

<https://mcwctx.org/>

Conroe Office: 936-441-4044

1401 Airport Rd., Conroe, TX 77301

Salvation Army Jones Residence – Men, Women, and Families

The Salvation Army's Jones Residence is a housing program designed to transition **homeless women and families** back into the community. Jones Residence provides case management, childcare, job skills training, substance abuse counseling, job placement, and referral to resources when needed. While residents stay at the Jones Residence, adults and children are invited to participate in a full schedule of classes and counseling designed to address the underlying causes of homelessness and facilitate healing in a nurturing environment. Through this work, our residents have the necessary tools to return to independence. Children are offered counseling, tutoring, and childcare services, as well as school uniforms. They also participate in field trips, parties, and summer day camps. This housing program is unique in that it keeps both parents together during the process. After families and women transition out of Jones Residence, case managers offer household goods, items meeting practical and spiritual needs, and 12 months of case management follow-up.

<https://salvationarmyhouston.org/houston/sns>

713-650-6530

1603 McGowen St, Houston, TX 77004

DOMESTIC VIOLENCE/HUMAN TRAFFICKING RESOURCES

ADDITIONAL RESOURCES

Aid to Victims of Domestic Abuse (AVDA)

At AVDA staff and trained volunteers advise victims of domestic violence on their legal rights and alternatives. Attorney on staff can provide legal representation to those who meet low-income guidelines in family law. NO FEE except court cost which may be waived under certain circumstances. Emphasis on divorce and protective orders. BIPP (Battering Intervention and Protection Program) helps men and women develop techniques to stop the cycle of violence, offered in English and Spanish. Trauma counseling for children, youth, and adults. Serves all of Harris County.

<https://avda.org/>

Main Office: 713-224-9911

1001 Texas Ave., Ste. 600, Houston, TX 77002

Fort Bend County

Contact Nicole Franklin- Jones 281-207-2312

The United Way of Greater Houston – Ft. Bend County Center

12300 Parc Crest Drive, Ste. 140, Stafford, TX 77477

DAYA

Confidential Helpline: 713-981-7645

Daya's mission is to empower South Asian survivors of domestic and sexual violence through culturally specific services and to educate the community. They provide educational seminars, counseling, peer support, advocacy and referrals. Legal advocacy and financial support. Housing assistance, crisis intervention, and job resources. Appointments are remote. Services available in Hindi, Urdu, Punjabi, Gujarati, Tamil, Bengali, Telugu, and Farsi.

<https://www.dayahouston.org/>

713-842-7222

Harris County District Attorney's Office – Domestic Violence

Harris County District Attorney's Office Screens files, obtains protective orders, and prosecutes cases of family violence. Interview hours are Mon-Fri 7am-5pm. Limited evening appointments available. Intake for bigamy, interference with child custody, harboring a runaway, and criminal nonsupport. By appointment, need to call to set up an appointment. No charge for services.

713-755-5888 & 713-274-0212

1310 Prairie, 5th Floor, Houston, TX 77002

Eyes on Me, Inc.

Eyes on Me, Inc. offers a Changing the Game program with a mission to provide community solutions to exploitation through crisis intervention, stabilization, and economic empowerment.

<https://www.eyesonmeinc.com/ctg.html>

Contact Tracy Dudley at 713-878-0278 or tracydeom@gmail.com

DOMESTIC VIOLENCE/HUMAN TRAFFICKING RESOURCES

Houston Police Department Family Violence Unit

HPD Family Violence Unit arrests abusers and assists victims in obtaining services and filing charges. Informs women of legal rights and provides list of agencies. Interviewing hours: Mon-Fri 8am-4pm. Walk-ins accepted to make reports. Reports can be made at 713-884-3131, and then follow up with nearest location.

Travis: 713-308-0080, 1200 Travis, Suite 1101, Houston 77002

Westside: 832-394-5611, 3203 S. Dairy Ashford, 77082 (Westside)

North: 832-394-3600, 9455 W. Montgomery, 77088 (North)

South: 832-394-1793, 8300 Mykawa, 77048 (South)

Northeast: 832-395-1500, 8301 Ley Rd., 77028 (Northeast)

Midwest: 832-394-1200, 7277 Regency Square Blvd (Midwest)

Central: 832-394-9900, 802 Westheimer Rd (Central)

Katy Christian Ministries Crisis Center

Domestic Abuse Hotline: 281-391-4504

Sexual Assault Crisis Intervention Hotline: 281-693-7273

Katy Christian Ministries Crisis Center offers a Crisis line, crisis intervention, safety/escape planning, referrals to emergency shelter, accompaniment, and advocacy. Additional services include support groups, information and referral for individual and group counseling, assistance in obtaining basic needs and protective orders. Bilingual.

www.KTCM.org

281-391-5261

802 Dominion Dr., Katy, TX 77450

The Landing

The Landing offers a daytime drop-in center for victims of human trafficking or sexual exploitation. They provide a safe space for adult male, female, and transgender victims to meet with a counselor, eat, rest, and connect with other survivors. Services include case management, food, clothing, GED and employment support, counseling, transportation, lockers, a resting room, computer access, and health and wellness education.

<https://thelanding.org/>

713-766-1111

9894 Bissonnet St., Ste. 605, Houston, TX 77036

Legacy Community Health Services

The Montrose location of Legacy provides counseling services and other assistance for victims of hate crimes. Services offered in English and Spanish.

www.LegacyCommunityHealth.org

832-548-5100

1415 California St., Houston, TX 77006

DOMESTIC VIOLENCE/HUMAN TRAFFICKING RESOURCES

The Montrose Center

LGBTQ Switchboard of Houston: 713-529-3211

The Montrose Center Anti-Violence program targets and has expertise in serving LGBTQ survivors of domestic violence, sexual assault and trafficking as well as all survivors of hate crimes regardless of sexual orientation.

<https://montrosecenter.org/services/anti-violence/>

713-529-0037

401 Branard St., Houston, TX 77006

Northwest Assistance Ministries

24 Hour Family Violence Hotline: 281-885-4673 or 888-750-4673

Northwest Assistance Ministries Family Violence Center provides counseling and help escaping violent relationships.

<https://www.namonline.org/family-center>

15555 Kuykendahl Rd., Houston, TX 77090

Providence Place – My Mariposa Home

My Mariposa Home (MMH) is an 18-month transitional housing program for adult female survivors of human trafficking, sexual assault, and domestic violence.

<https://www.provplace.org/my-mariposa-home>

210-696-2410

6487 Whitby, San Antonio, TX 78240

Resource & Crisis Center of Galveston

Hotline: 888-919-7233

Resource & Crisis Center of Galveston provides help for victims of domestic violence or sexual assault. Services include shelter, counseling, and legal advocacy. They are connected with the League City and Texas City Thrift Shop at 124 Gulf Freeway, as well as others. Additional services include support groups, legal assistance with protective orders and divorce, help with food, transportation, and referrals to community resources. They provide services to men, women, and child victims. Serves Galveston, League City and Texas City.

www.RCCGC.org

409-765-7233

1204 45th St., Galveston, TX 77550

DOMESTIC VIOLENCE/HUMAN TRAFFICKING RESOURCES

Wellsprings Village

Six houses, 8 women per house, primarily 25-50 years old, who are in need due to abuse, divorce, domestic abuse, job loss, or recovering from substance abuse. Women over 50 years of age will be considered if working full time. 90 days sobriety, 60 days if on medication. Education planning offered. Individual and group counseling offered through contracts. Case management, sobriety support, employment, anger management, relapse prevention, education. Transitional housing.

www.WellspringsVillage.org

713-529-6559

United Against Human Trafficking

United Against Human Trafficking offers a trauma-informed program to support at-risk individuals and survivors of trafficking. They provide support groups, case management, and community-wide education programs.

<https://uaht.org/>

713-874-0290

6671 Southwest Freeway, Ste. 220, Houston, TX 77074

REENTRY FROM INCARCERATION RESOURCES

ACCESS RE-ENTRY AT RELEASING AT HARRIS COUNTY JAIL

Harris County Joint Processing Center

701 North San Jacinto, Houston, TX 77002

Reentry at Releasing will provide basic needs, IDs, mental health, and substance use referrals.

Texas Department of Criminal Justice – Re-Entry

Dalila Guzman – Re-Entry Case Manager

281-232-0334, ext. 3251 or Dalila.guzman@tdcj.texas.gov

HOUSING

⇒ **The Harris Center for Mental Health and IDD Respite, Rehabilitation, and Re-entry Center**

The Harris Center Respite, Rehabilitation, and Re-entry Center offers rehabilitation to people who are homeless and have a serious mental illness, estimated stays of 90-180 days.

Additionally, they offer transitional supportive housing, mental health apartment units, and short-term beds to individuals leaving Harris County jail with no safe place to live.

<https://www.theharriscenter.org/Services/Our-Services/The-Respite-Rehabilitation-and-Re-Entry-Center>

713-970-7000

6160 South Loop East, Houston, TX 77087

⇒ **EMERGENCY SHELTERS**

- **Salvation Army Jones Residence – Men, Women, and Families**

The Salvation Army's Jones Residence is a housing program designed to transition **homeless women and families** back into the community. Jones Residence provides case management, childcare, job skills training, substance abuse counseling, job placement, and referral to resources when needed. Adults and children are invited to participate in a full schedule of classes and counseling designed to address the underlying causes of homelessness and facilitate healing. This housing program is unique in that it keeps both parents together during the process. After families and women transition out of Jones Residence, case managers offer household goods, items meeting practical and spiritual needs, and 12 months of case management follow-up.

<https://salvationarmyhouston.org/houston/sns>

713-650-6530

1603 McGowen St, Houston, TX 77004

REENTRY FROM INCARCERATION RESOURCES

HOUSING

⇒ EMERGENCY SHELTERS

- **Salvation Army Center of Hope – Men and Veterans**

The Center of Hope is a supportive navigation shelter for single men and veterans. They help navigation through many barriers to success, including health problems, lack of job skills, and addiction issues. The Center provides emergency shelter and transitional beds while searching for housing.

<https://salvationarmyhouston.org/houston/sns>

713-752-0677

1717 Congress, Houston, TX 77002

- **Star of Hope Men's Development Center – Men Only**

Star of Hope's Men's Development Center houses over 300 men nightly and provides emergency and residential programs. Intake is from 8-11am and again from 1-3pm. They can reach capacity so late arrivals may have to be turned away. Clients should bring some form of ID (if they have none, they will be referred to a place that will give them acceptable ID). Length of stay is on a case-by-case basis. Chapel services and meals are offered three times a day. Showers and a clean change of clothing are also provided.

<https://www.sohmission.org/our-services/mens-development-center/>

713-227-8900

1811 Ruiz St, Houston, TX 77002

- **Star of Hope Family - Men, Women, and Families**

Star of Hope Family shelter can house up to 300 guests in 71 rooms. Allowed stay is up to 90 days. The facility also houses a medical clinic, licensed daycare, pre-school area, teen activity room, computer learning center, and volunteers come daily to assist children with homework and enrichment activities. Adult residents are required to perform household chores and attend motivational classes that are based on Christian principles.

<https://www.sohmission.org/our-services/women-and-family-development-center/>

713-222-2220

2575 Reed Rd, Houston, TX 77051

REENTRY FROM INCARCERATION RESOURCES

⇒ GROUP HOMES FOR SSI/SSDI RECIPIENTS

- **Avondale House**
<https://www.avondalehouse.org/>
713-993-9544
3737 O'Meara Dr., Houston, TX 77025
- **Bridgewood Farms**
<https://bridgewoodfarms.org/>
936-856-6460
11680 Rose Rd., Conroe, TX 77303
- **The Brookwood Community**
<https://www.brookwoodcommunity.org/>
281-375-2100
1752 FM 1489, Brookshire, TX 77423
- **Center for Pursuit**
<https://thecenterforpursuit.org/>
713-525-8400
4400 Harrisburg Blvd., Houston, TX 77011
- **The Lighthouse of Houston**
<https://www.houstonlighthouse.org/resources-and-housing>
281-530-1236
10600 Hazen Rd., Houston, TX 77072
- **Reach Unlimited**
<https://www.reachunlimited.org/programs/residential-services/>
281-213-2582
11832 Mueller Cemetery Road, Suite 200, Cypress, TX 77429

REENTRY FROM INCARCERATION RESOURCES

MENTAL HEALTH

⇒ MENTAL HEALTH – OUTPATIENT

- **The Harris Center for Mental Health and IDD Project for Assistance in Transition from Homelessness (PATH)**

The Harris Center PATH program provides clinical and non-clinical services to individuals who are both homeless and have a mental illness. Services include physician assessment, medication management, individual and group counseling, substance abuse assessment and counseling, nursing services, wrap around case management, sack lunches, showers, laundry, phones, lockers, and access to a clothing closet.

713-970-7413

2627 Caroline St., Houston, TX 77004

https://www.theharriscenter.org/Portals/0/Service%20Page%20Docs/Comprehensive%20Psychiatric%20Emergency%20Program/9-12-19_CPEP.pdf

⇒ MENTAL HEALTH EMERGENCIES-INPATIENT

During psychiatric emergencies when a member is *voluntarily seeking inpatient* treatment, they may call or go to these facilities in the Texas Medical Center:

- **NeuroPsychiatric Center (NPC, The Harris Center, or formerly MHMRA)**

1502 Taub Loop, Houston, TX

713-970-7070

- Ben Taub General Hospital (HCHD)-**ONLY if a medical condition is present**

1504 Taub Loop, Houston, TX

713-793-2000

- UT Harris County Psychiatric Center (HCPC)

2800 S MacGregor Way, Houston, TX 77021

713-741-5000

<https://hcpc.uth.edu/>

REENTRY FROM INCARCERATION RESOURCES

BASIC NEEDS

⇒ FOOD

- **The Houston Food Bank's Community Resource Center** provides appointment-based curbside food pick up Monday – Friday, 3 pm – 8 pm, Saturday, 9 am – 4 pm. Call the helpline at 832-369-9390 to locate a local food pantry. <https://www.houstonfoodbank.org/>

⇒ CLOTHING

- **Dress for Success – Women's Professional Clothing**
713-957-3779 or appointment@dfshouston.org
3310 Eastside St., Houston, TX 77098
<https://www.dfshouston.org/>
- **Career Gear – Men's Professional Clothing**
713-778-9959 or info@careergearhouston.org
7500 Bellaire Blvd, Suite BB20, Houston, TX 77036
<https://www.careergearhouston.org/index.html>
- **Emergency Aid Coalition**
Emergency Aid Coalition provides clothing, a food pantry, sack lunches, and a work boot voucher program. Open M – F, 8:30 am – 12 pm and Sunday 11 am – 1 pm. To schedule appointments at the food pantry and clothing center, call 713-343-3061.
<https://eachouston.org/>
713-528-3663
5401 Fannin, Houston, TX 77004

⇒ CELL PHONES

- The Lifeline program is a low-income telephone assistance program in Texas that provides free cell phone and home phone services. Qualified individuals or families must have an income that meets or is below 135% of the poverty guidelines.
<https://entouchwireless.com/states/texas-lifeline-free-phone-service/>

REENTRY FROM INCARCERATION RESOURCES

BASIC NEEDS

⇒ HEALTH INSURANCE

- **Harris Health Financial Assistance Program (Gold Card)**

Apply online at <https://ola.veritysource.com/harris>

Visit a Harris Health Hospital or a Harris Health Community Clinic – see website for multiple locations: <https://www.harrishealth.org/>

Ben Taub General Hospital (HCHD)
1504 Taub Loop, Houston, TX
713-793-2000

Lyndon B. Johnson Hospital
5656 Kelley Street
Houston, TX 77026
713-566-5100

Visit a Harris Health Eligibility Center.

Acres Home Eligibility Center

818 Ringold Street | Houston, TX 77088 – 713.566.6509 |
Hours: 7 am – 4 pm M-F, Fourth Thursday of every month, open 7 – 11 am

Lois J. Moore Eligibility Center

8901-B Boone Road | Houston, TX 77099 – 713.566.6509 |
Hours: 7:30 am – 4:30 pm M-F, Fourth Wednesday of every month, open 7:30 am – 2:30 pm

East Mount Houston Eligibility Center

11737 B Eastex Freeway | Houston, TX 77039 – 713.566.6509 |
Hours: 8am – 4:30pm M-F, Fourth Friday of every month, open 8am – 3:30pm

Southeast/MLK Eligibility Center

3550 – A Swingle Road | Houston, TX 77047 – 713.566.6509 |
Hours: 8 am -4:30 pm M-F, Fourth Thursday of every month, open

Strawberry Eligibility Center

925 Shaw Avenue | Pasadena, TX 77506 – 713.566.6509 |
Hours: 7:30 am – 4:30 pm M-F, Third Thursday of every month, open 7:30 am – 3 pm

REENTRY FROM INCARCERATION RESOURCES

BASIC NEEDS

⇒ DROP-IN DAY CENTERS/HOUSING ASSESSMENTS

- **The Beacon**

The Beacon Day Center offers essential services to the homeless community. Their day center offers breakfast and hot lunches, laundry and shower services, mailbox privileges, Metro bus passes, access to phones and computers and walk-up case management. The Beacon also serves as a Coordinated Access hub; they assess and navigate individuals into housing. Beacon Law assists with ID restoration, clearing criminal history, social security disability appeals, family law, housing law, and limited wills and estates. A Harris Health clinic is also on site. The Day Center is open Thursday – Monday 7 am – 12 pm. Assessments occur Monday – Friday, first come, first serve. First 5 people guaranteed to be seen; next 5 on standby. Line starts at 7 am. Housing status updates on Wednesdays 1:00 – 3:00 pm.

<https://www.beaconhomeless.org/>

713-220-9737

1212 Prairie St., Houston, TX 77002

- **Salvation Army Young Adult Resource Center (YARC)**

The Young Adult Resource Center is a respite center for **young adults ages 18-25**. Members are offered hot lunches, snacks; referrals to emergency shelters; access to telephones, computers, and the use of a mailing address; showers and lockers; laundry facilities; hygiene supplies and clothing; identification cards; case management and housing assessment and navigation.

<https://salvationarmyhouston.org/houston/yarc/>

713-223-4513

1603 McGowen St., Houston, TX 77004

REENTRY FROM INCARCERATION RESOURCES

EMPLOYMENT

- **SERJobs**

SERJobs educates and equips people from low-income backgrounds or who have significant barriers to employment. Services include occupational training, career coaching, employment assistance, and financial empowerment.

713-773-6000

1710 Telephone Rd., Houston, TX 77023

<https://serjobs.org/>

- **Goodwill Industries Job Connection Centers**

Goodwill Houston helps Houstonians find jobs with individual development planning and evaluation; resume preparation and interview skills; job search assistance; use of computer lab and phones for job search; workplace skills training; networking and job placement services; personal financial skills and coaching; referral to services (including housing, clothing, childcare). Programs include veterans' employment and training services with an emphasis on veterans transitioning from incarceration or at-risk of homelessness and Life Launch Young Adult Re-Entry for ages 18-24.

Main: 713-692-6221

Veterans' Employment Program: 713-699-1648

Life Launch Young Adult Re-Entry: 832-900-7472

<https://www.goodwillhouston.org/>

- **WorkFaith**

WorkFaith provides faith-based training and coaching for long-term employment. Services include job readiness preparation, career coaching, and job placement.

Main: 713-984-9611

4555 Dacoma, Houston, TX 77092

<https://workfaith.org/>

REENTRY FROM INCARCERATION RESOURCES

- **Workforce Solutions**

Workforce Solutions Provides job search assistance and resources to the public free of charge. Multiple locations throughout the area.

Toll Free: 1-888-469-5627 or visit <https://www.wrksolutions.com/>

Tracy Lewis, Supervisor Missouri City, 346-341-7390,

tracy.lewis@wrksolutions.com

Dennita Allen, Supervisor, Rosenberg, 281-344-0279,

dennita.allen@wrksolutions.com

REENTRY FROM INCARCERATION RESOURCES

PRETRIAL SERVICES

Pretrial Services monitor a defendant released on a personal bond or (PR bond) which is a form of bail that does not require the defendant to post security. The defendant takes an oath to appear in court, and no money is required for his or her release. However, the court may assess service-related fees payable to the county after release. In Texas, a defendant released on a personal bond is fully liable for the amount of the bond in the event he or she fails to appear for a scheduled court appearance. The department has two primary functions. The first is to investigate and compile information on people who are charged by Harris County with a felony or class A or B misdemeanor offense. Staff then synthesize collected information into a report. The report assists the judiciary with release and detention decisions, especially those related to eligibility for release on personal bond. If the court releases the defendant on personal bond or orders conditions of release, regardless of the release method, staff monitor and enforce defendant compliance and report non-compliance to the court. The department structures all activities to address the purposes of bail: to assure appearance in court and minimize danger to the community.

832-927-3520

1201 Franklin St., Houston, TX 77002

<https://pretrial.harriscountytexas.gov/>

SPECIALTY COURTS

Justice Forward

Devon Anderson, 713-899-9893, danderson@justiceforwardtx.org

<https://www.justiceforwardtx.org/>

FORT BEND COUNTY JUVENILE PROBATION

Benny Simonton, Lead Mentor Coordinator, 281-238-3024,

Benny.Simonton@fortbendcountytexas.org

REENTRY FROM INCARCERATION RESOURCES

SUBSTANCE USE TREATMENT REFERRALS

If a member is looking for treatment, they should contact:

The Council on Recovery at 713-942-4100.

The Council provides free, state-funded outreach, screening, assessment, and referral services (OSAR). Post assessment, The Council will provide a referral to an Intensive Outpatient Program.

<https://www.councilonrecovery.org/>

REENTRY FROM INCARCERATION RESOURCES

DOMESTIC VIOLENCE

If a member is in immediate danger call 911.

24-Hour National DV Hotline: 800-799-7233 or text START to 88788

Houston Police Department Family Violence Unit: 713-884-3131

Harris County Precinct 4 Constable's Office: 281-376-3472

Harris County Sheriff's Department: 713-221-6000

For a comprehensive list of resources for survivors visit Harris County Domestic Violence Coordinating Council at:

<https://www.hcdvcc.org/resourcesforsurvivors/>

- **Aid to Victims of Domestic Abuse (AVDA)**

At AVDA staff and trained volunteers advise victims of domestic violence on their legal rights and alternatives. Attorney on staff can provide legal representation to those who meet low-income guidelines in family law. NO FEE except court cost which may be waived under certain circumstances. Emphasis on divorce and protective orders. BIPP (Battering Intervention and Protection Program) helps men and women develop techniques to stop the cycle of violence, offered in English and Spanish. Trauma counseling for children, youth, and adults. Serves all of Harris County.

<https://avda.org/>

Main Office: 713-224-9911

1001 Texas Ave., Ste. 600, Houston, TX 77002

Fort Bend County

Contact Nicole Franklin- Jones 281-207-2312

The United Way of Greater Houston – Ft. Bend County Center

12300 Parc Crest Drive, Ste. 140, Stafford, TX 77477

REENTRY FROM INCARCERATION RESOURCES

DOMESTIC VIOLENCE

- **Bay Area Turning Point**

- 24 Hour Crisis Hotline: 281-286-2525**

- BATP Shelter is a safe haven created for survivors of sexual and domestic violence. The **emergency shelter** can house up to 72 adults and children. Every individual and/or family is granted an initial 30 day of emergency shelter stay with the opportunity to apply for an extension if more time is needed. Shelter services include a Children Services Program, a Food Program, Counseling and Case-Management services.

- <https://www.bayareaturningpoint.org/services/>

- 281-338-7600

- 210 South Walnut St., Webster, TX 77598

- **The Bridge Over Troubled Waters**

- 24-hour Hotline: 713-473-2801**

- With two offices, one in Pasadena and one in Baytown, The Bridge can provide a variety of services including crisis intervention, a 24-hour hotline, **emergency shelter (at Pasadena location only)**, safety planning, housing assessments, community education, primary prevention, case management, hospital accompaniments, court and police accompaniments, licensed on-site daycare , counseling, support groups, parenting classes, money management and life skills.

- <https://tbotw.org/>

- Pasadena Office: 713-472-0753*

- 3811 Allen Genoa Rd., Houston, TX 77504

- Baytown Office: 281-420-5600*

- 8203 John Martin Rd., Baytown, TX 77521

- **FamilyTime Crisis and Counseling Center (The Door)**

- 24-Hour Hotline: 281-446-2615**

- Family Time provides counseling services for victims of rape, incest, domestic violence, and crime. Fees are sliding scale. Services include individual, marriage and family therapy and parenting classes. Workshops on divorce and anger management at Humble office.

- Emergency shelter** for domestic violence victims.

- <https://familytimeccc.org/>

- Humble Office: 281-446-2615*

- 1203 South Houston Ave., Humble, TX 77338

- Dayton Office: 936-257-9744*

- 1110 West Clayton, Dayton, TX 77535

REENTRY FROM INCARCERATION RESOURCES

DOMESTIC VIOLENCE

- **Fort Bend Women's Center**

Hotline: 281-342-4357

Fort Bend Women's Center is a 90-day transitional shelter for women and children. Teenage sons of victims can be sheltered with their mother. Counseling for battered women, sexual assault survivors, and victims of incest. Group counseling for children of residents.

Computer classes, daycare, self-esteem groups. GED classes, ESL classes, parenting classes.

www.FBWC.org

281-344-5750

Vita Goodell, ED, 281-342-4357, vgoodell@fortbendwomenscenter.org

501 E. Highway 90A, Richmond, TX 77406

- **Houston Area Women's Center**

Domestic Violence Hotline: 713-528-2121

Sexual Assault Hotline: 713-528-7273

Live Chat & TTY: 346-295-8994

HAWC is a multi-racial, multi-lingual agency that supports survivors of domestic violence, sexual assault, and sex trafficking. They provide immediate access to 24/7 crisis intervention services, **emergency shelter**, ongoing trauma-informed support programs and violence prevention initiatives to survivors, their support networks, and communities.

<https://hawc.org>

713-528-6798

- **Houston Police Department Family Violence Unit**

HPD Family Violence Unit arrests abusers and assists victims in obtaining services and filing charges. Informs women of legal rights and provides list of agencies. Interviewing hours:

Mon-Fri 8am-4pm. Walk-ins accepted to make reports. Reports can be made at 713-884-3131, and then follow up with nearest location.

Travis: 713-308-0080, 1200 Travis, Suite 1101, Houston 77002

Westside: 832-394-5611, 3203 S. Dairy Ashford, 77082 (Westside)

North: 832-394-3600, 9455 W. Montgomery, 77088 (North)

South: 832-394-1793, 8300 Mykawa, 77048 (South)

Northeast: 832-395-1500, 8301 Ley Rd., 77028 (Northeast)

Midwest: 832-394-1200, 7277 Regency Square Blvd (Midwest)

Central: 832-394-9900, 802 Westheimer Rd (Central)

REENTRY FROM INCARCERATION RESOURCES

DOMESTIC VIOLENCE

- **Montgomery County Women's Center**

- 24 Hour Crisis Hotline: 936-441-7273**

- The Montgomery County Women's Center provides emergency shelter to individuals and families impacted by domestic violence and sexual assault. Additional services include trauma-informed counseling and support groups, transitional housing, legal services, and advocacy and accompaniment.

- <https://mcwctx.org/>

- Conroe Office: 936-441-4044

- 1401 Airport Rd., Conroe, TX 77301

- **The Montrose Center**

- LGBTQ Switchboard of Houston: 713-529-3211**

- The Montrose Center Anti-Violence program targets and has expertise in serving LGBTQ survivors of domestic violence, sexual assault and trafficking as well as all survivors of hate crimes regardless of sexual orientation.

- <https://montrosecenter.org/services/anti-violence/>

- 713-529-0037

- 401 Branard St., Houston, TX 77006

REENTRY FROM INCARCERATION RESOURCES

HUMAN TRAFFICKING/PROSTITUTION

National Human Trafficking Hotline: 1-888-373-7888

<https://humantraffickinghotline.org/en>

HPD Vice Division: 713-308-8600

- **City of Houston Office of Human Trafficking and Domestic Violence**

<https://humantraffickinghouston.org/>

- **Eyes on Me, Inc.**

Eyes on Me, Inc. offers a Changing the Game program with a mission to provide community solutions to exploitation through crisis intervention, stabilization, and economic empowerment.

<https://www.eyesonmeinc.com/ctg.html>

Contact Tracy Dudley at 713-878-0278 or tracydeom@gmail.com

- **The Landing**

The Landing offers a daytime drop-in center for victims of human trafficking or sexual exploitation. They provide a safe space for adult male, female, and transgender victims to meet with a counselor, eat, rest, and connect with other survivors. Services include case management, food, clothing, GED and employment support, counseling, transportation, lockers, a resting room, computer access, and health and wellness education.

<https://thelanding.org/>

713-766-1111

- **United Against Human Trafficking**

United Against Human Trafficking offers a trauma-informed program to support at-risk individuals and survivors of trafficking. They provide support groups, case management, and community-wide education programs.

<https://uaht.org/>

713-874-0290

6671 Southwest Freeway, Ste. 220, Houston, TX 77074

REENTRY FROM INCARCERATION RESOURCES

LGBTQ+ RESOURCES

- **For a comprehensive directory of resources available to the HIV community, access The Blue Book at the following link:**
http://rwpchouston.org/Blue_Book/2021-22%20Blue%20Book.pdf
- **AIDS Foundation Houston**
AIDS Foundation Houston offers a free HIV/STI testing, STI treatment, consultations on prevention, navigational support within the health care system, and permanent supportive housing for those living with HIV and their families. They also operate The Stone Soup Food Pantry open M – F, 10 am – 4 pm; a valid photo ID is required.
<https://www.afhouston.org/>
713-623-6796/6260
Westpark Dr., Ste. 100, Houston, TX 77057
- **Avenue 360 Health & Wellness**
Avenue 360 Health and Wellness is a Federally Qualified Health Center with seven clinics in the Houston region providing primary medical, behavioral health, and dental care to medically underserved communities. Mental Health services include individual, group and family counseling, psychiatry, and substance use treatment. They tailor services to meet the needs of each patient regardless of age, sex, race/ethnicity, sexual orientation, gender identity, or ability to pay. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.
LGBTQ+ friendly.
<https://avenue360.org/>
713-426-0027
Heights (Main Campus): 2150 West 18th Street, Suite 300, Houston, TX 77008
Midtown: 2920 Fannin St., Houston, TX 77002
Memorial City (Pediatrics): 902 Frostwood, Ste. 142 Houston, TX 77024
Montrose: 602 Branard St, Houston, TX 77006
Southwest: 14095 S Main St., Houston, TX 77035
Humble: 9816 Memorial Blvd., Suite 120, Humble, TX 77338
South Central: 4405 Griggs Rd., Houston, TX 77021
Spring Cypress: 17010 Sugar Pine Drive, Houston, TX 77090-2213

REENTRY FROM INCARCERATION RESOURCES

LGBTQ+ RESOURCES

- **Legacy Community Health**

Legacy Community Health is a full-service, Federally Qualified Health Center, that provides adult primary care, pediatrics, dental care, vision services, behavioral health services, OB/GYN and maternity, vaccinations and immunizations, health promotion and community outreach, wellness and nutrition, and comprehensive HIV/AIDS care. They tailor services to meet the needs of each patient regardless of age, sex, race/ethnicity, sexual orientation, gender identity, or ability to pay. Services are provided to Medicare, Medicaid, CHIP, Insured and Uninsured individuals.

<https://www.legacycommunityhealth.org/services/behavioral-health/>

Main: 832-548-5000

Montrose 832-548-5100

1415 California St., Houston, TX 77006

Branard 713-366-7444

401 Branard St., Level 3, Houston, TX 77006

- **The Montrose Center**

The Montrose Center offers individual, couples/family, and group counseling by therapists who specialize in treating substance use disorders as well as co-existing mental health problems, traumatic life events, and other issues related to physical and sexual health that may be unique to members of the LGBTQ and HIV communities. Accepts Medicare/Medicaid. Sliding scale and no cost counseling available.

<https://montrosecenter.org/>

713-529-0037

401 Branard Street, Houston, TX 77006

IMMIGRATION/REFUGEE RESOURCES

The Alliance

<https://thealliancetx.org/>

713-776-4700

Amaanah Refugee Services

<https://amaanahservices.org/programs/>

713-370-3063

Baker Ripley Citizenship & Immigration Program

<https://bakerripley.org/services/bakerripley-citizenship-and-immigration-program-gulfton-sharpstown-campus>

346-867-3871

6535 Rookin St., Houston, TX 7707

Catholic Charities St. Francis Cabrini Center for Immigrant Legal Assistance

<https://catholiccharities.org/supporting-refugees-immigrants/cabrini-center/>

713-595-4100

5599 San Felipe St., Houston, TX 77056

Change Happens Refugee Youth Mentoring Program

<https://www.changehappenstx.org/refugeeyouthmentoringprogram>

Chinese Community Center

<https://ccchouston.org/>

713-271-6100

9800 Town Park Drive, Houston 77036

Houston Welcomes Refugees

<https://www.houstonwelcomesrefugees.com/>

946 W 17th St., Houston, TX 77008

Interfaith Ministries Refugee Services

<https://www.imgh.org/refugees/>

713-533-4900

3303 Main St., Houston, TX 77002

Memorial Assistance Ministries - Legal Services

<https://www.mamhouston.org/>

713-468-4516

1625 Blalock Rd., Houston, TX 77080

IMMIGRATION/REFUGEE RESOURCES

Refugee Services of Texas Houston Service Center

<https://www.rstx.org/locations/houston.html#:~:text=Houston%20Service%20Center>

713-644-6224

8323 Southwest Fwy., Suite 850, Houston, TX 77074

University of Houston Law Center – Legal Services

<https://www.law.uh.edu/clinic/immi.asp>

Legal Clinic: 713-743-2094

4604 Calhoun Rd., Houston, TX 77204

YMCA International Services

www.YMCAInternationalServices.org

713-339-9015

713-758-9280

6300 Westpark, #600, Houston, TX 77057

6671 Southwest Fwy., #250, Houston, TX 77074

ESL RESOURCES

The Alliance

<https://thealliancetx.org/>

713-776-4700

6440 Hillcroft, Suite 411, Houston, TX 77081

Association for the Advancement of Mexican Americans (AAMA)

<https://www.aama.org/>

713-926-9491

6001 Gulf Freeway, Bldg. E, Houston, TX 77023

Attack Poverty

<https://attackpoverty.org/>

832-847-4379

3727 Greenbriar Dr., Ste. 100, Stafford, TX 77477

Baker Ripley

www.bakerripley.org

Adult Education: 713-273-3719

Ripley House Community Center

713-315-6400

4410 Navigation, Houston 77011

Cleveland-Ripley Community Center

713-944-9186

720 Fairmont Pkwy., Pasadena 77504

Harbach-Ripley Community Center

713-640-7100

6225 Northdale, Houston 77087

Gulfton-Sharpstown

713-273-3700

6500 Rookin, Houston 77074

East Aldine Campus

346-570-4463

3000 Aldine Mail Rt. Road Houston 77039

Bilingual Education Institute

<https://bei.edu/>

713-789-4555

6060 Richmond Ave, Suite 180, Houston 77057

Chinese Community Center

<https://ccchouston.org/>

713-271-6100

9800 Town Park Drive, Houston 77036

ESL RESOURCES

Community Family Centers

<https://www.communityfamilycenters.org/>

713-923-2316

7524 Avenue E, Houston, TX 77012

Cypress Assistance Ministries

<https://www.cypressassistance.org/>

281-955-7684

12930 Cypress N. Houston Rd., Cypress, TX 77429

House of Amos

<http://www.houseofamos.org/>

832-977-1208

11169 Beechnut St., Suite G, Houston, TX 77072

Harris County Department of Education

<https://www.hcde-texas.org/ESL>

713-692-6216

Harris County Public Library

<https://www.hcpl.net/services/learn-english>

Houston Community College

<https://www.hccs.edu/programs/adult-education/txchse/>

hcc.aelinstruction@hccs.edu

Memorial Assistance Ministries

<https://www.mamhouston.org/>

713-468-4516

1625 Blalock Rd., Houston, TX 77080

Northwest Assistance Ministries

<https://www.namonline.org/family-center>

15555 Kuykendahl Rd., Houston, TX 77090

281-885-4555

SEDES – System for Education Empowerment and Success

<https://www.sedesus.org/>

(832) 537-8249

7037 Capitol St. Suite E221, Houston, TX, 77011

West Houston Assistance Ministries

<https://www.whamministries.org/>

713-780-2727

10501 Meadowglen Ln., Houston, TX 77042

GED RESOURCES

Association for the Advancement of Mexican Americans (AAMA)

<https://www.aama.org/>

713-926-9491

6001 Gulf Freeway, Bldg. E, Houston, TX 77023

Attack Poverty

<https://attackpoverty.org/>

832-847-4379

3727 Greenbriar Dr., Ste. 100, Stafford, TX 77477

AVANCE – Classes in Spanish

<https://www.avancehouston.org/>

4281 Dacoma St., Houston, TX 77092

713-812-0033

Baker Ripley Cleveland-Ripley Community Center

www.bakerripley.org

Adult Education: 713-273-3719

Baker Ripley Neighborhood Center

713-273-3701

6500 Rookin St., Houston 77074

Cleveland-Ripley Community Center

713-944-9186

720 Fairmont Parkway, Pasadena 77504

East Aldine Campus

346-570-4463

3000 Aldine Mail Rt. Road Houston 77039

Career and Recovery Resources, Inc.

<https://www.careerandrecovery.org/>

713-754-7000

2525 San Jacinto St., Houston, TX 77002

Covenant House

<https://www.covenanthouse.org/>

713-523-2231

3412 Beulah St., Houston, TX 77004

Community Family Centers

<https://www.communityfamilycenters.org/>

713-923-2316

7524 Avenue E, Houston, TX 77012

GED RESOURCES

Cypress Assistance Ministries

<https://www.cypressassistance.org/>

281-955-7684

12930 Cypress N. Houston Rd., Cypress, TX 77429

Family Promise of Lake Houston

<https://fplh.org/>

281-441-3754

111 S Avenue G, Humble, TX 77338

Harris County Department of Education

<https://www.hcde-texas.org/Page/862>

713-692-6216

Houston Community College

<https://www.hccs.edu/programs/adult-education/txchse/hcc.aelinstruction@hccs.edu>

Memorial Assistance Ministries

<https://www.mamhouston.org/>

713-468-4516

1625 Blalock Rd., Houston, TX 77080

Northwest Assistance Ministries

<https://www.namonline.org/family-center>

15555 Kuykendahl Rd., Houston, TX 77090

281-885-4555

Pearland Neighborhood Center

<https://pnctexas.com/>

281-942-7382

2335 N. Texas Ave., Pearland, TX 77581

SEDES – System for Education Empowerment and Success

<https://www.sedesus.org/>

(832) 537-8249

7037 Capitol St. Suite E221, Houston, TX, 77011

SERJobs

<https://serjobs.org/>

713-773-6000

1710 Telephone Rd., Houston, TX 77023

VETERAN RESOURCES

If a member is a veteran and is looking for **housing**, refer them to:

VA Homeless Veteran Care

<https://www.va.gov/houston-health-care/health-services/homeless-veteran-care/>

713-794-7533

Salvation Army Center of Hope – Men and Veterans

<https://salvationarmyhouston.org/houston/sns>

713-752-0677

1717 Congress, Houston, TX 77002

The Center of Hope is a supportive navigation shelter for single men and veterans. They help navigation through many barriers to success, including health problems, lack of job skills, and addiction issues. The Center provides emergency shelter and transitional beds while searching for housing.

U.S. VETS Houston

U.S. VETS is a private, non-profit organization, providing housing, employment, counseling, and case management to veterans in the Houston area.

<https://usvets.org/locations/houston/>

832-203-1626

7227 Fannin St., Suite 200, Houston, TX 77030

If a member is a veteran and is looking for **mental health support**, refer them to:

VA Vet Centers

Vet Centers are community-based counseling centers that provide a wide range of social and psychological services, including professional readjustment counseling to eligible Veterans, active-duty service members, including National Guard and Reserve components, and their families. Individual, group, marriage and family counseling are offered in addition to referral and connection to other VA or community benefits and services. Vet Center counselors and outreach staff, many of whom are Veterans themselves, are experienced and prepared to discuss the tragedies of war, loss, grief, and transition after trauma.

https://www.vetcenter.va.gov/About_US.asp

Beaumont Vet Center

409-347-0124, 990 IH 10 North, Beaumont, TX 77702

Houston Southwest Vet Center

713-523-0884, 10103 Fondren Road, Houston, TX 77096

Houston West Vet Center

713-682-2288, 701 North Post Oak Road, Houston, TX 77024

Spring Vet Center

281-537-7812, 14300 Corner Stone Village Dr., Houston, TX 77014

VETERAN RESOURCES

Camp Hope - PTSD Foundation

Camp Hope is an intensive residential program that provides comprehensive peer support and mentoring based healing to combat veterans who are victims of trauma and post-traumatic stress.

<https://ptsdusa.org/camp-hope/>

Combat Trauma Help Line: 877-717-PTSD (7873)

Main: 832-912-4429

9724 Derrington Rd, Houston, TX 77064

If a member is a veteran and is looking for **substance use treatment**, refer them to:

Harris County Veterans' Court

The mission of the Harris County Veterans' Court Program (VC) is to increase access to mental health and addictions treatment for those veterans with felony and misdemeanor offenses by diverting veterans directly into VA treatment, reducing jail time, costs, and criminal recidivism, while improving mental health recovery and successful re-entry into the community. The HCVC Program handles misdemeanors and felony cases. Misdemeanor probationers can be supervised by the HCVC team and felony cases can be transferred from the 22 Harris County Criminal District Courts to the HCVC Program. The veterans enrolled in the Veterans' Court will be represented by a term attorney assigned to the team and will also have a case manager/probation officer assigned to monitor their compliance by the Harris County Community Supervision Department.

<https://www.justex.net/veterans>

832-927-4331

Ariel Sanchez, Coordinator, 832-927-4332

1201 Franklin, 20th Floor, Houston, TX 77002

Hero

Hero is an inpatient treatment center for veterans who are experiencing emotional, behavioral, cognitive, and chemical dependency issues.

Call 24/7 337-942-1171 or 888-706-1870

1649 Linwood Loop, Opelousas, LA 70570

VETERAN RESOURCES

If a member is a veteran and is looking for **healthcare**, refer them to:

VA Health Clinics

<https://www.va.gov/houston-health-care/locations/>

Main Location

Michael E. DeBakey Department of Veterans Affairs Medical Center

Main: 713-791-1414, Mental Health Care: 713-794-7561

2002 Holcombe Boulevard, Houston, TX 77030

See website for additional locations in Beaumont, Conroe, Galveston County, Katy, Kingwood, Lake Jackson, Lufkin, Richmond, Sugar Land, Texas City, and Tomball.

VA Health Care for Homeless Veterans (HCVA)

HCVA connects homeless veterans with community-based residential treatment. Additionally, they serve as a hub for housing, treatment, and rehabilitative programs.

<https://www.va.gov/homeless/hchv.asp>

713-794-7848

2002 Holcombe Boulevard, Houston, TX 77030

VA Medical Center - Health Care for Re-entry Veterans (HCRV) Program

The VA's HCRV program is designed to promote success and prevent homelessness among Veterans returning home after incarceration. Services include outreach and pre-release assessments services for Veterans in prison, referrals and linkages to medical, mental health, and social services, including employment services upon release and short-term case management assistance upon release. HCRV also provides information to Veterans while they are incarcerated so they may plan for re-entry themselves.

www.va.gov

713-791-1414

2002 Holcombe Boulevard, Houston, TX 77030

ADDITIONAL VETERAN RESOURCES

Hotline for Homeless Veterans

1-877-4AID-VET OR 877-424-3838

TexVet

TexVet is an online clearinghouse for trusted information, resources, data, technical support, and research relevant to service members, veterans, and their families, and those who serve them.

<https://texvet.org/services>

VETERAN RESOURCES

Career and Recovery Resources, Inc.

Career and Recovery Resources offers a Supportive Services for Veteran Families Program which is designed to assist low to extremely low-income veterans who are homeless or at imminent risk of homelessness to obtain and/or maintain housing stability. Services include security deposits, rental and utility services, financial literacy classes, housing navigation/counseling, healthcare navigation/counseling, employment assistance, and access to mainstream benefits.

<https://www.careerandrecovery.org/ssvfprogram/>

713-754-7059 or ssvf@careerandrecovery.org

City of Houston Municipal Veterans' Court

The City of Houston Municipal Court has partnered with the U.S. Department of Veteran Affairs, Houston VA Hospital, Beacon Law and Combined Arms to create "Veterans Court"; a program aimed to assist veterans resolve their outstanding City of Houston Municipal Courts citations. Their goal is to aid veterans overcome barriers, such as unpaid warrants, deferred payments, and delinquent cases, that may be preventing them from obtaining a driver's license or identification card.

<https://www.houstontx.gov/courts/veterans-court.html>

713-247-5464

veteran@beaconlaw.org

1400 Lubbock, Houston, TX 77002

City of Houston Mayor's Office of Veterans & Military Affairs

MOVMA assists veterans to ensure that neither they, their dependents, nor survivors are denied access to the entitlements promised them by a grateful nation. The office coordinates with Texas Veterans Commission (TVC), Texas Workforce Commission (TWC) and Veteran Service Organizations (VSOs), as well as non-profit organizations, faith-based organizations and other community service providers to ensure comprehensive support throughout the community and beyond.

832-393-0992 or 832-393-8147

901 Bagby, 4th Floor, Houston, TX 77002

Combined Arms

Combined Arms brings together veteran-focused nonprofits and agencies and communities across the nation committed to serving those who served. These 200+ best-in-class organizations provide 1000+ resources that empower veterans to lead the successful civilian lives they want. Affiliated agencies provide healthcare, mental health resources, education and career services, financial resources, veteran benefits, and homeless services.

<https://www.combinedarms.us/>

888-737-3112

2929 McKinney, Houston, TX 77003

VETERAN RESOURCES

Family Houston

Family Houston helps veterans and their families rebuild their lives and relationships. They provide financial assistance dealing with emergency situations as well as connections to crucial resources. They also connect veterans to other Family Houston programs such as financial coaching, employment services, individual/family counseling and marriage and co-parenting resources.

www.familyhouston.org

Serving Harris, Fort Bend, Montgomery, and Waller counties.

Main: 713-861-4849

Fort Bend County Veterans Services Office

Fort Bend County Veterans Services Office informs veterans, dependents, and survivors about benefits from the VA. In addition, they conduct home visits to the elderly and disabled and assist with completion of various VA forms.

281-342-3411

301 Jackson St., Richmond, TX 77469

Cesar Cedillo, cesar.cedillo@fortbeendcountytx.gov, 281-238-3502

Grace After Fire

Grace After Fire's mission is centered on helping the **woman Veteran** help herself by connecting her with the resources and the tools she needs to be a productive citizen in her community, her work and her home after transitioning from the military. Services include wellness programs, peer to peer support groups, financial assistance, and community resource navigation.

<https://www.graceafterfire.org/>

Combined Arms Transition Center, 2929 McKinney St., Houston, TX 77003

Mea Williams, President and CEO, mea@graceafterfire.org, 832-554-7161

Harris County Veterans Services Department

The Harris County Veterans Services Department provides assistance to veterans and their dependents regarding compensation, pension, medical, educational, insurance, and death benefits. They assist with obtaining important documentation needed to apply for benefits.

<https://www.harrisvets.com/>

281-876-6600

2929 McKinney St, Houston, TX 77003

Texas State Technical College Fort Bend

346-239-3413, ext. 23413, Kenneth Buford, Director of Veteran Recruiting,

Kenneth.buford@tstc.edu

YOUTH RESOURCES

For an up-to-date comprehensive directory of youth services consult the Community Youth Services (CYS) online directory at:

<https://resources.harriscountytexas.gov/Our-Services/Services-for-At-Risk-Teens>

If a member is looking for shelter or transitional housing, refer them to:

Covenant House – 18 to 24 Only

Covenant House is an 80-bed emergency shelter available 24-hours for youth in need. Along with shelter, they offer safe harbor for victims of human trafficking, free meals, anonymous and confidential HIV testing, STD testing, HIV prevention counseling and education, job skills programs, mental health services, and substance abuse services. If accepted into the Rights of Passage program, residents live in semi-independence at Covenant House for up to 18 months while learning how to do their own shopping, cooking, cleaning, finances, etc.

<https://www.covenanthouse.org/>

713-523-2231

3412 Beulah St., Houston, TX 77004

If a member is looking for basic needs, case management, and housing assessments, refer them to:

Salvation Army Young Adult Resource Center (YARC)

The Young Adult Resource Center is a respite center for young adults ages 18-25. Members are offered hot lunches, snacks; referrals to emergency shelters; access to telephones, computers, and the use of a mailing address; showers and lockers; laundry facilities; hygiene supplies and clothing; identification cards; case management and housing assessment and navigation.

<https://salvationarmyhouston.org/houston/yarc/>

713-223-4513

1603 McGowen St., Houston, TX 77004

YOUTH RESOURCES

ADDITIONAL YOUTH RESOURCES

Depelchin Children's Center

Provides foster care and adoption services, mental health counseling ages 3-11 and parenting classes.

<https://www.depelchin.org/>

713-730-2335

281-261-1314

Family Life Community Resource Center

Family Life Community Resource Center provides youth victim services, youth leadership programs, and scholarship awards.

<https://familylifecrc.org/>

1-888-337-1411

832-993-1155, Ilene Harper, ED, iharper@familylifecrc.org

821 E. Highway 90A, Richmond, TX 77406

Fort Bend Regional Counsel on Substance Abuse

Provides substance use counseling to youth in Stafford and Rosenberg.

281-207-2400